

July 27<sup>th</sup>, 2020 as of 5:00 p.m.

### Local Face Mask Requirements:

Brown Deer Resolution: [Click Here](#)  
 Glendale Resolution and FAQ: [Click Here](#)  
 Shorewood Ordinance: [Click Here](#)  
 Whitefish Bay Ordinance and FAQ: [Click Here](#)

**Managing Stress and Adapting to Change:** It is normal to be experiencing ongoing stress and anxiety due to COVID-19. We have all had to adapt in different ways to keep ourselves, our families and our communities safe. These changes and the uncertainty that we still face can cause a mix of emotions, including stress, anger and fear. If you or your family members are feeling overwhelmed or stressed, take a step back and make time to care for yourself and them:

- Move your body! Get outside and get some exercise or find a space in your home to move and stretch.
- Do something you enjoy or find a new hobby.
- Connect with your friends and family virtually, but do not overwhelm yourself with social media posts and news about COVID-19. Avoid information overload, especially from unreliable sources, as this can cause additional stress.
- Talk through your stress and worries with trusted friends or family, a support group, or a mental health professional.
- Reduce your risk of exposure to COVID-19, as this can help alleviate your anxiety by knowing you are taking precautions to keep yourself healthy.

Additional resources for managing stress can be found on the WI DHS Resilient Wisconsin [website](#). Helplines, hotlines and virtual meetings are available [here](#).

This graph shows the number of new cases of COVID-19 by day in the North Shore, along with the 7-day average of the number of new cases per day. We have observed a rapid increase in the number of new cases per day since early July.

For more North Shore data: [Click Here](#)



### Follow us on social media for updates:

Facebook: North Shore Health Department  
 Instagram: nshealthdept  
 Twitter: NSHealthDept

## COVID-19 Cases to Date

**North Shore** (Bayside, Brown Deer, Fox Point, Glendale, River Hills, Shorewood & Whitefish Bay - as of July 27<sup>th</sup>, 2020)  
 This data is also available on our [website](#). **(Changes from 7/24)**

**605 Cumulative Confirmed Cases (+36)**

152 active cases being managed and monitored (-2)

437 recovered (+38)

15 deaths (+0)

1 transfer out of our jurisdiction (+0)

For more North Shore data: [Click Here](#)

**Milwaukee County** (as of July 27<sup>th</sup>, 2020 - changes from 7/26)

**18,302 Cumulative Confirmed Cases (+162)**

158,495 negatives (+1,094)

427 deaths (+0)

COVID-19 Activity Level in Milwaukee County = High ([Link](#))

**Wisconsin** (as of July 27<sup>th</sup>, 2020 - changes from 7/26)

**49,417 Cumulative Confirmed Cases (+590)**

9,873 active cases

823,905 negatives (+6,356)

893 deaths (+1)

