April 3rd, 2020 Update on COVID-19
(as of 4:30 pm)

The Centers for Disease Control and Prevention (CDC), the Wisconsin Department of Health Services (WI DHS) and the North Shore Health Department (NSHD), along with other local health departments are responding to an outbreak of respiratory disease caused by a novel coronavirus, COVID-19. For the most current information, visit the CDC’s website or our website.

As the North Shore Health Department, we are currently monitoring 38 active cases, and we are also providing active monitoring for high-risk contacts of confirmed cases with daily phone calls. We have triaged and processed over 400 suspect cases and/or contacts, and performed several large contact investigations, which involves notifying the contacts of their potential risk and educating them on self-quarantine guidelines. We are also managing several active cases in Milwaukee to assist the Milwaukee Health Department.

The NSHD has ordered the closure of public beaches throughout the North Shore: This order is effective as of April 3rd, 2020 at 6:00 p.m. and will be in effect for the period of time concurrent with any Order of the State of Wisconsin requiring “safer at home” practices. This is to slow the spread of the virus and preserve the health of our community.

Tips for the Weekend:
- Take time to connect with friends and family virtually.
- Get outside and enjoy the spring weather while maintaining social distancing.
- Take a break from checking the news for a day – read, watch or listen to other things.
- Support local restaurants by ordering delivery or carryout. Here is a list of restaurants in the Milwaukee area that are offering these methods of dining.

The WI DHS reminds Wisconsin residents that everyone is safer at home: Community spread of COVID-19 is occurring in many counties across Wisconsin, meaning everyone could be at risk of exposure. It is recommended that you limit outings to the essentials, such as getting groceries or going to medical appointments, and maintain a physical distance of 6 feet from others while out. Also, you should avoid social gatherings of any kind with all ages and continue...
to wash your hands often. The best method to avoid illness and stop the spread is to stay home to decrease the opportunities for transmission of the virus. Our healthcare system needs everyone’s assistance in slowing the spread to protect the health of all Wisconsin residents.

A common question about the Safer at Home order: Can I go outside for walks, outdoor exercise, or to play? According to the order, you may engage in outdoor activities that meet social distancing requirements, including traveling to public and state parks. We ask that you move through the parks for walking, running and biking – don’t stay and play! No team or contact sports are permitted and playgrounds are closed.

Even after implementing the Safer at Home order, it will likely be several weeks before we see results: This is because of the lag time between infection, symptom onset, and results of testing. The numbers you’re seeing today and in the near term are people who were infected before Safer at Home started. The science tells us that staying at home is effective, so we must remain vigilant and stay home to slow the spread. Even if you do not feel sick, staying home is crucial. You do not have permission to leave your home unnecessarily just because you are feeling okay. Choosing to ignore the Safer at Home order is contributing to the spread of COVID-19.

WUWM, Milwaukee’s NPR station, took a deeper look into the response of the NSHD to COVID-19: Check out the story on their website.

NSHD Health Officer Ann Christiansen was interviewed by WUWM’s Susan Bence: She discusses the different levels of risk of exposure to COVID-19; reminds the public about the importance of self-isolation and self-quarantine; and reiterates the current COVID-19 testing prioritization, with the hope of increased testing capability to come. The NSHD is working diligently to protect the health of our North Shore communities. “This is what we’ve been trained to do” said Ann. Listen to the full interview here.

This is a rapidly evolving situation and we encourage you to frequently monitor the DHS website for updates, as well as the NSHD website. Additional information on COVID-19 can be found on the CDC website.