



NORTH SHORE

HEALTH DEPARTMENT

HEALTHY HIGHLIGHTS 2022

Serving the communities of Bayside, Brown Deer, Fox Point, Glendale, River Hills, Shorewood and Whitefish Bay

October 5, 2022: Breast Cancer Awareness Month

High Risk Breast Cancer Awareness

October is Breast Cancer awareness month and over the past few years, the importance of awareness, mammograms at age 40, and/or early screenings have become better known, many are unaware of high-risk breast risk factors and screening.

Who is at risk for high-risk breast cancer?

Risk factors do not mean you will get the disease-- most women have some risk factors, but most women do not get breast cancer. A person's risk for breast cancer is due to a mixture of factors, with main factors including being a woman and getting older (50 years old or older). If you have breast cancer risk factors, talk with your doctor about screening for breast cancer as well as ways you can lower risk.

Did you know?

According to the CDC, it is recommended people with high risk begin annual mammograms and MRI scans between 25 and 40 years old, or at the earliest age when someone in their family was diagnosed with cancer. Talk to your doctor about risk factors, screening, and detection recommendations.

BE AWARE BREAST CANCER

A person's risk for high-risk breast cancer is due to a mixture of factors, with main factors including being a woman and getting older (50 years old or older).

Risks include (but not limited to):

- Family history of breast or ovarian cancer (first-degree relative) or multiple family members who have had breast or ovarian cancer. Having a first-degree male relative with breast cancer also raises a woman's risk.
- Inherited changes in your BRCA1 and BRCA2 genes.
- Personal history of breast cancer or certain non-cancerous breast diseases.
- Reproductive history and age of menses and menopause (menstrual periods before age 12 and menopause after age 55).
- Having dense breasts (more connective tissue can make tumors hard to see on a mammogram).



WHERE CAN I GO TO GET SCREENED?

You can get screened for breast cancer at a clinic, hospital, or doctor's office. If you want to be screened for breast cancer, call your doctor's office. They can help you schedule an appointment.

Most health insurance plans are required to cover screening mammograms every one to two years for women beginning at age 40 with no out-of-pocket cost (like a co-pay, deductible, or co-insurance).

Find a mammography facility near you:
<https://www.accessdata.fda.gov/scripts/cdrh/cdhrs/crmQSA/mqsa.cfm>

Are you worried about the cost? CDC offers free or low-cost mammograms. Find out if you qualify:
<https://www.cdc.gov/cancer/breastdp/screenings.htm>

JOIN US THIS SATURDAY!

OCTOBER 4, 2022 9:00A – 11:00A

NICOLET FLU CLINIC

Nicolet Flu Clinic is open to the public.

We have Flublok (50+) vaccine available for a cost of \$65.

We are able to bill some insurance for the full cost:

Medicare, Medicaid, Humana, United Healthcare and Anthem (BlueCross BlueShield). If paying with cash or check, we can issue a receipt on-site to be submitted to your insurance company for reimbursement.

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FLU VACCINE CLINIC

AT NICOLET HIGH SCHOOL

LOCATION

B112 Cafeteria (Knights Hall)
Nicolet High School
6701 N. Jean Nicolet Rd.
Glendale, WI 53217

DATE & TIME

Saturday, October 8, 2022
9:00 AM - 11:00 AM

Walk-ins only. No appointments.

FLU VACCINE COST:

18 years and under: \$10 (cannot bill insurance)

Adult (quadrivalent): \$40

Preservative Free: \$45

Able to bill some insurance: Medicare, Medicaid, Humana, United Healthcare and Anthem (BlueCross BlueShield). Otherwise payment by cash or check.

Availability of high-dose (65+) and Flublok (50+) is based on remaining supply. If you are interested in high-dose or Flublok, call 414-371-2980 so we can schedule you for an earlier date at one of our offices.



OTHER AVAILABLE VACCINES

Tdap
MMR
Varicella
HepB
Polio (IPV)
HPV

Meningitis
COVID-19 (Pfizer bivalent booster)

All other vaccines are FREE, regardless of insurance status, while supplies last.



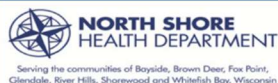
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WISCONSIN IMMUNIZATION REGISTRY

With it being time for flu vaccination, and the recent release of the COVID-19 bivalent booster, it's a great time to remind residents of the Wisconsin Immunization Registry (WIR). Those who have received vaccines in Wisconsin, can access immunization history, vaccine recommendations and overdue vaccines, using WIR.

VACCINATION RECORDS



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DO YOU KNOW HOW TO ACCESS YOUR VACCINATION RECORD?

COVID-19 vaccination cards contain the information needed to provide proof of vaccination. If the card is lost or additional vaccine history access is needed, the Wisconsin Immunization Registry (WIR) is an alternative solution.



Public vaccine record access allows people to look up their child's or their own vaccine record in WIR. Many people in Wisconsin receive vaccines from more than one doctor, or health care provider. Public access allows people to find their vaccine record quickly and efficiently no matter where they are in the state.

WHAT HAS NSHD BEEN WORKING ON?

As stewards of public health, NSHD is committed to developing the next set of public health professionals. Recently, Tanya Bohacheff, MPH (Public Health Strategist) was a guest lecturer for a UW-Milwaukee School of Nursing Population Health undergraduate course. Tanya's presentation focused on department experiences with the 2022 Community Health Assessment (CHA), including the three different assessment phases, as well as provided students with an understanding of the department and public health.

THREE COMPONENTS
OF THE NORTH SHORE
**COMMUNITY
HEALTH
ASSESSMENT**
2022-2026

#1

**NS COMMUNITY
HEALTH DATA
ASSESSMENT**

ANALYSIS OF PRIMARY
AND SECONDARY DATA

#2

**NS COMMUNITY
HEALTH
STAKEHOLDER
ASSESSMENT**
KEY INFORMANT
INTERVIEWS

#3

**NS COMMUNITY
HEALTH
PRIORITY
ASSESSMENT**
SURVEY OF RESIDENTS

NORTH SHORE HEALTH DEPARTMENT 2022 FLU VACCINE CLINICS

BROWN DEER OFFICE 4800 W GREEN BROOK DR.

TUESDAY, SEPTEMBER 27
9:00 AM - 11:00 AM

TUESDAY, OCTOBER 11
9:00 AM - 11:00 AM

THURSDAY, OCTOBER 27
9:00 AM - 11:00 AM

TUESDAY, OCTOBER 4
10:00 AM - 12:00 PM

THURSDAY, OCTOBER 20
10:00 AM - 12:00 PM

THURSDAY, NOVEMBER 10
2:00 PM - 4:00 PM

SHOREWOOD OFFICE 2010 E SHOREWOOD BLVD.

FRIDAY, SEPTEMBER 30
9:00 AM - 11:00 AM

FRIDAY, OCTOBER 14
1:00 PM - 3:00 PM

FRIDAY, OCTOBER 28
9:00 AM - 11:00 AM

THURSDAY, OCTOBER 6
9:00 AM - 11:00 AM

TUESDAY, OCTOBER 18
2:00 PM - 4:00 PM

TUESDAY, NOVEMBER 8
2:00 PM - 4:00 PM

TO MAKE AN APPOINTMENT,
PLEASE CALL (414) 371-2980.



We also offer homebound flu vaccines!
Call us to inquire.

MONKEYPOX VACCINATION AT NORTH SHORE HEALTH DEPARTMENT

JYNNEOS vaccine is currently available for the following people:

- **Known contacts who are identified by public health through case investigation, contact tracing, and risk exposure assessments.**
- **Presumed contacts who may meet the following criteria:**
 - People who know that a sexual partner in the past 14 days was diagnosed with monkeypox.
 - People who attended an event or venue where there was known monkeypox exposure.
 - Gay men, bisexual men, trans men and women, any men who have sex with men, and gender non-conforming/non-binary people, who have had multiple sexual partners in the last 14 days.
- **People considered to have an elevated risk of exposure to monkeypox in the future:**
 - Gay men, bisexual men, trans men and women, any men who have sex with men, and gender non-conforming/non-binary people who expect to have multiple or anonymous sex partners. This may include people living with HIV and people who take HIV pre-exposure.
 - Clinical laboratory personnel who perform testing to diagnose orthopoxviruses.
 - Research laboratory workers who directly handle cultures or animals contaminated or infected with orthopoxviruses that infect humans.
 - Certain health care providers working in sexual health clinics or other specialty settings directly caring for patients with sexually transmitted infections.

Call 414-371-2980 to inquire.





[Read our Fall Newsletter](#)



IMMUNIZATIONS (APPOINTMENT REQUIRED):

We provide vaccinations for individuals who are underinsured or uninsured, including infant, child routine immunizations and required for school.

Please call 414-371-2980 to find out what vaccines we have available and to make an appointment:

Brown Deer Office

1st Tuesday of the month • 7:30-9am

3rd Tuesday of the month • 3:30-5pm

Shorewood Office

2nd Wednesday of the month • 3:30-5pm

4th Wednesday of the month • 7:30-9am

If these days/times do not work for you, we will do our best to accommodate you at another time.

UPCOMING BLOOD PRESSURE SCREENINGS

(WALK-IN – NO APPOINTMENT):

- **NSHD Shorewood Office:** 2010 E Shorewood Blvd. 4th Wednesday of the month from 3:30 p.m. to 4:30 p.m. – next one is on September 28.
- **Lydell Community Center:** 5205 N Lydell Ave, Whitefish Bay. 1:00 p.m. to 2:00 p.m. Clinic dates: Oct 19, Nov 16, Dec 21.
- **Lois & Tom Dolan Community Center:** 4355 W. Bradley Rd, Brown Deer. 1st Wednesday of the month from 12:30 p.m. - 1:15 p.m. Clinic dates: Nov 2, Dec 7.
- **Fox Point Pavilion:** 7343 N Longacre Rd. Saturday, October 15th from 10am-11am.

Please visit our website for up-to-date information about BP Screenings: www.nshealthdept.org/Clinics



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Follow us on social media and visit our website for health information and updates



RESOURCES AND REFERENCES

1. [What Are the Risk Factors for Breast Cancer? | CDC](#)
2. [Caring for Young Women Who Are at High Risk for Early-Onset Breast Cancer: A Summary of Screening, Counseling, and Testing Guidelines \(cdc.gov\)](#)
3. [Breast Cancer Screening Tests and Recommendations | Susan G. Komen®](#)
4. [Mammography Facilities \(fda.gov\)](#)
5. [Find a Screening Program Near You | NBCCEDP | CDC](#)
6. [DHS Expands Monkeypox Vaccine Eligibility Criteria for Wisconsinites | Wisconsin Department of Health Services](#)
7. [Read our Fall Newsletter](#)