

MONTHLY REPORT OVERVIEW

MARCH 2023

The goal of these monthly reports is to showcase the work being done at the North Shore Health Department and to increase transparency with community leaders, partners, elected officials, and the public.

We align our work with our department's four priority areas that were established in the last Community Health Improvement Plan (CHIP) published in 2020. The monthly report highlights the work done in each of our four priority areas over the past month, as well as other important work and activities done by our department.

NSHD PRIORITY AREAS



MARCH HIGHLIGHTS

- ▶ Planned and attended an event called, "Girls and Women in Science" with the Greendale Health Department to discuss futures in STEM, epidemiology, and jobs in science with young women. Planned an activity that explored the "Many Hats of Public Health."
- ▶ Began planning our programming for summer events. We will be attending local farmer's markets, National Night Outs, and other community events.
- ▶ Presented about our health department at the Bayside Citizen's Academy, which gives residents a closer look at the operations of local government and the jobs of those who work for the Village.
- ▶ Attended the Southeast Wisconsin Citizens & Organizations Active in Disaster (COAD) meeting. The American Red Cross presented on their plans to update their list of shelter sites and visit the sites to reconfirm they have adequate facilities for sheltering.

UPDATES FROM THE HEALTH OFFICER

- ▶ Attended the Wisconsin Association of Local Health Departments and Boards (WALHDAB) meeting and was elected to sit on the WALHDAB Policy and Advocacy Committee.
- ▶ Updated the North Shore Continuity of Operations Plan (COOP) in preparation for our Wisconsin Department of Health Services 140 Review in June.
- ▶ The North Shore Fire Rescue and North Shore Health Department building project has started with asbestos abatement.
- ▶ Attended the Wisconsin Governor's Conference on Emergency Management

MONTHLY REPORT

MARCH 2023



#1 MENTAL HEALTH

Collaborated with colleagues to plan a Parent Social Group to support our social connectedness objective for our Maternal Child Health grant

Attended the Q1 Maternal Child Health Summit, hosted by DHS. The topic was perinatal mental health and the speakers were from Mom's Mental Health Initiative. We made plans to incorporate resources and toolkits from this event into our parent social groups

Shared resources about how we can combat isolation and worked with others to raise awareness and reduce stigma around mental illness

#3 INJURY PREVENTION



Met with community partners to discuss upcoming Bike Rodeo events this spring

Participated in the Milwaukee County Fall Prevention Coalition meeting

One staff member registered for the next car seat technician training course this June. We will then have a NSHD employee who is a trained car seat technician to share the requests that come in for fittings with North Shore Fire and Rescue.

Attended the Healthcare Emergency Response Coalition (HERC) Radiological Tabletop exercise along with other public health practitioners, first responders, hospital staff and healthcare professionals, emergency management personnel, and more.

#2 SUBSTANCE USE

Prepared for our presentation at the April Milwaukee County Overdose Fatality Review (OFR) meeting.

Shared resources on various platforms about substance use and harm reduction.

Discussed additional ways to provide harm reduction resources, including Nalox-Zone boxes and public health vending machines.

5 Attended five substance-related webinars

Attended the Milwaukee County Behavioral Health Division press conference where they unveiled the harm reduction vending machine. Milwaukee County Executive David Crowley signed a bill releasing Opioid Settlement funds to support 15 different projects.

5 Social media posts about substance use prevention and harm reduction

#4 PHYSICAL ACTIVITY & NUTRITION

Two of our nurses tabled at the Bayside LX Senior Club St. Patrick's Day blood pressure screening to provide health services and supplies.

2 **Newborn Home Visits & Lactation Consultations**
Provided new baby information and breastfeeding education to new parents

Attended the Milwaukee County Joint Child Death and Homicide Review Meeting

3 **Blood pressure clinics at locations out in the community**

Blood pressure screenings are available on the first Wednesday of the month at the Lydell Community Center and Lois & Dolan Community Center. Stay updated on our [website](#).



MONTHLY REPORT

MARCH 2023

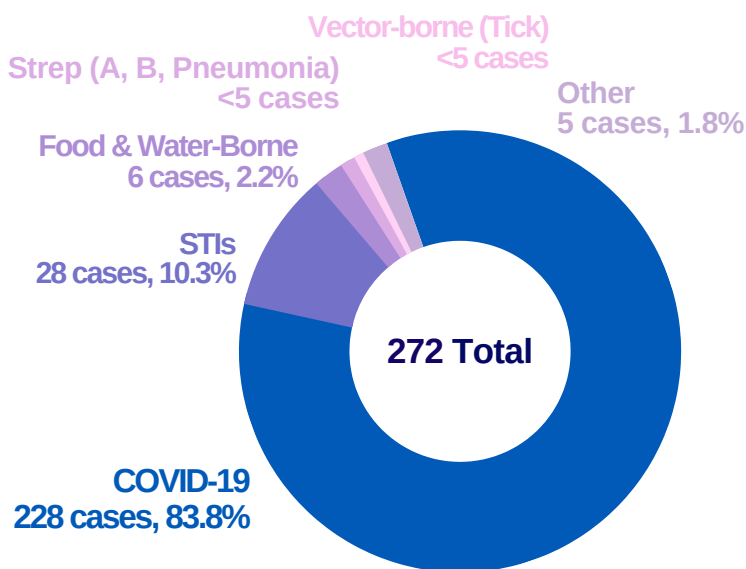
HEALTHY HIGHLIGHTS RECAP



March's Healthy Highlights discussed the topics of colon cancer screening, groundwater awareness, nutrition, drug and alcohol use, and distracted driving. Review some of the highlights below.

- Along with certain health factors, lifestyle factors like a diet low in fruits, vegetables, and fiber or a diet high in processed meats can increase one's risk for colon cancer. (3/1)
- One of many ways to protect and conserve groundwater is to reduce chemical use inside and outside your house. Make sure to dispose of them properly when you do use them. (3/8)
- To help protect the planet and the environment around us, try buying foods in season or purchase locally sources produce, meat, and dairy. This can also help you save money! (3/15)
- Milwaukee County Medical Examiner's Office estimates there were 678 drug-overdose deaths in the county in 2022 (some cases still pending toxicology). That is a 5 percent increase over the previous year and the fourth year in a row the county broke that record. Around 80 percent of drug deaths involved fentanyl. (3/22)
- At least 8 people are killed in crashes from distracted driving each day. To avoid distracted driving, handle your distractions before you start driving. (3/29)

COMMUNICABLE DISEASES (PROBABLE + CONFIRMED) CASES, PERCENTAGE



NORTH SHORE ENVIRONMENTAL HEALTH CONSORTIUM

- Completed 55 inspections
- Issued 1 new license
- Another one of our staff members attended a Certified Pool Operator certification class

WORKFORCE DEVELOPMENT

Attended the Public Health Generalist meeting to network with other local health department staff in the region.

A MPH student with Benedictine University started her student placement with our department. She is supporting the formation of a Parent Social Group and helping with our Community Health Assessment.

ADDITIONAL COMMUNICABLE DISEASE FOLLOW-UP

Received 3 notifications for animal bites that required follow-up & quarantine for rabies prevention & control

Continued to provide Directly Observed Therapy (DOT) and other recommended Tuberculosis follow-up