## NORTH SHORE HEALTH DEPARTMENT Monthly Report

MONTHLY REPORT — AUGUST 2023

### **NSHD Priority Areas**

The goal of these monthly reports is to showcase the work being done at the North Shore Health Department and to increase transparency with community leaders, partners, elected officials, and the public.



We align our work with our department's four priority areas that were established in the last Community Health Improvement Plan (CHIP) published in 2020. The monthly report highlights the work done in each of our four priority areas over the past month, as well as other important work and activities done by our department. We completed our 2022-26 Community Health Assessment (CHA) which will lead into the development of a new CHIP with updated priority areas.

## **August Highlights**

· Held several internal meetings to plan our flu vaccination clinics for this fall.

Public health professionals in the southeast Wisconsin region created a Public Health 3.0 workgroup and held the first meeting where both public health nurses and general public health staff both attended. What is Public Health 3.0?



**Collaborating with partners was a big focus in August:** Met with Whitefish Bay Public Library's Youth Librarian to discuss collaboration opportunities this fall and winter. Met with Health Connections Inc. about flu and COVID vaccination collaboration. Attended the Nicolet High School Emergency Plan Review Meeting.

Mosquito and West Nile Virus (WNV) surveillance continued throughout August. Learn more about the surveillance and see surveillance data (updated weekly) on our <u>website</u>.

# Updates from the Health Officer

Continued working with our partners at WI Department of Natural Resources, WI Department of Health Services and the City of Glendale on the elevated trichloroethylene (TCE) in The Lydell apartments.

Had four meetings regarding the 2024 North Shore Health Department budget.

Our quarterly Board of Health meeting occurred in August. We provided an update to our board members on our building construction, workforce development, public health emergency preparedness efforts, flu vaccination plans for the fall, Narcan training, and the status of the TCE issue at The Lydell apartments.

Completed the Public Health Foundational Capabilities Assessment to evaluate our department's capacity to fulfill the foundational capabilities, and to provide the WI Department of Health Services (DHS) with data on where additional infrastructure is needed.



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#### MENTAL HEALTH

Held two Parent Social Group meetings in August. Shared resources with parents about mental health and wellbeing, social support, and community supports. The plan is to host two Parent Social Groups per month moving forward. Interested in attending?

#### **REGISTER HERE**

Social media posts about mental health, including promoting our Parent Social Group and sharing back-toschool mental health tips

Attended WI Department of Health Services Quarter 3 Social Connections Learning Call, which is a requirement for our Maternal & Child Health Grant.

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#### **INJURY PREVENTION**

Attended the North Shore National Night Out event and the Bayside MyBlue Night Out event, where we focused on injury prevention education and handed out free gun locks, safe swimming materials, reflective arm bands, & more.



Participated in the Maternal Mortality Review (MMR) Impact Team meeting, and the Fetal and Infant Mortality Review (FIMR) Team meeting.

### SUBSTANCE USE

Hosted our North Shore Overdose Fatality Review (OFR) Meeting and added several new people to our review team.

Attended the community of practice kick off meeting for the harm reduction vending machine grant we received through DHS.

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Social media posts about substance use, including International Overdose Awareness Day

Attended a training about Xylazine

Distributed drug disposal products to community members and provided education around proper disposal of unwanted or unused medications.

#### **PHYSICAL ACTIVITY & NUTRITION**

New baby/lactation visits that identified and corrected breastfeeding issues

Healthy snacks were shared at both Parent Social Groups and nutrition education was provided to parents verbally and via handouts

Social media posts about breastfeeding and National Farmers Market Week

Hosted a booth at the Brown Deer Farmers Market on August 23

## Healthy Highlights Recap

- The first week in August was World Breastfeeding Week. One of our public health nurses answered some frequently asked questions about breastfeeding. <u>Check them out here!</u>
- National Farmers Market Week was also in August. We attended many local farmers markets this summer to support our partners and promote our programs and services. Farmers markets help keep our communities healthy by giving us access to fresh, nutritious, & seasonal food and providing a more sustainable way to buy groceries! <u>Find a farmers market near you.</u>
- Just in time for school, we covered immunization awareness in our August highlights! Learn more about the benefits of staying up-to-date on all your vaccines.
- Since 1999, in the US, over 932,000 people have died from overdoses. We promoted local ways to recognize International Overdose Awareness Day coming up on August 31. See how you can get involved.
- Get ready for National Preparedness Month in September! <u>Check out our highlight</u> on preparedness for older adults.

View all the previous highlights here.

