



Monthly Report

MONTHLY REPORT — APRIL 2023

NSHD Priority Areas

The goal of these monthly reports is to showcase the work being done at the North Shore Health Department and to increase transparency with community leaders, partners, elected officials, and the public.



We align our work with our department's four priority areas that were established in the last Community Health Improvement Plan (CHIP) published in 2020. The monthly report highlights the work done in each of our four priority areas over the past month, as well as other important work and activities done by our department. We are currently finishing up our Community Health Assessment (CHA) which will lead into the development of a new CHIP with updated priority areas.

April Highlights

- Developed a survey for parents and caregivers to provide anonymous feedback on the services we offer that promote social connectedness in the maternal and child population.
- Attended the Wisconsin Overdose Fatality Review (OFR) Summit to collaborate with other OFR teams. The sessions focused on how to form and prioritize recommendations from OFR meetings, how to build partnerships and get new partners engaged, and how to incorporate individuals with lived experiences in the OFR process.
- Ordered more COVID-19 Bivalent boosters based on the new WI Department of Health Services recommendation for a spring booster for certain high-risk groups.
- We distributed over 2,000 condoms in the last year! During National Public Health Week, we went to non-traditional agencies like residential buildings and local businesses, such as barber shops, grocery stores, bars, and coffee shops to drop off a basket of free condoms and sexual health information for them to set out for residents and patrons.

Updates from the Health Officer

Attended Intergovernmental Corporation Council (ICC) meeting

Attended WI Association for Local Health Departments and Boards (WALHDAB) meeting

Met with the new WI DHS Southeast Region Public Health Program and Policy Analyst, Matthew Collie.



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1

MENTAL HEALTH

Contacted existing parent social groups in the community for our Maternal and Child Health Connectedness initiative.

2 Social media posts related to mental health and well-being

Attended several community groups, such as the Story Time sessions at the library, and we are looking forward to attending more next month. During these groups, we engaged with parents/caregivers to identify services that are needed to support social connectedness among parents and caregivers of young children.

Researched statistics on mental health and shared mental health data from our Community Health Assessment

2

SUBSTANCE USE

Distributed Narcan training flyers and staff members trained a total of over 30 community members on how to administer Narcan this month. Each trainee was provided one or two doses of Narcan to administer. We received an increase in training requests after an overdose spike alert was issued in early April for Milwaukee County.

3 Substance use related webinars were attended by staff members

Attended the Rx (prescription) and Illicit Drug Summit in Atlanta, GA.

Spoke to senior students and faculty members at the University School of Milwaukee about substance use, fentanyl, and Narcan.

10 Social media posts about substance use, prevention, and harm reduction

3

INJURY PREVENTION

The Whitefish Bay Bike Rodeo that was scheduled for April 22 was postponed due to weather. We are looking to reschedule for later in the summer.

4 Social media posts related to injury, violence, or fall prevention

Attended the Milwaukee County Falls Prevention Coalition monthly meeting for fall prevention in the North Shore and Milwaukee County.

Researched fall statistics for future planning and community outreach.

4

PHYSICAL ACTIVITY & NUTRITION

Attended farmer's market meetings and reached out to other farmer's market coordinators to schedule a day to attend each market this spring and summer.

2 Newborn Home Visits & Lactation Consultations

Shared resources with the community.

2 Blood pressure clinics out in the community

Stay updated on clinics on our [website](#).



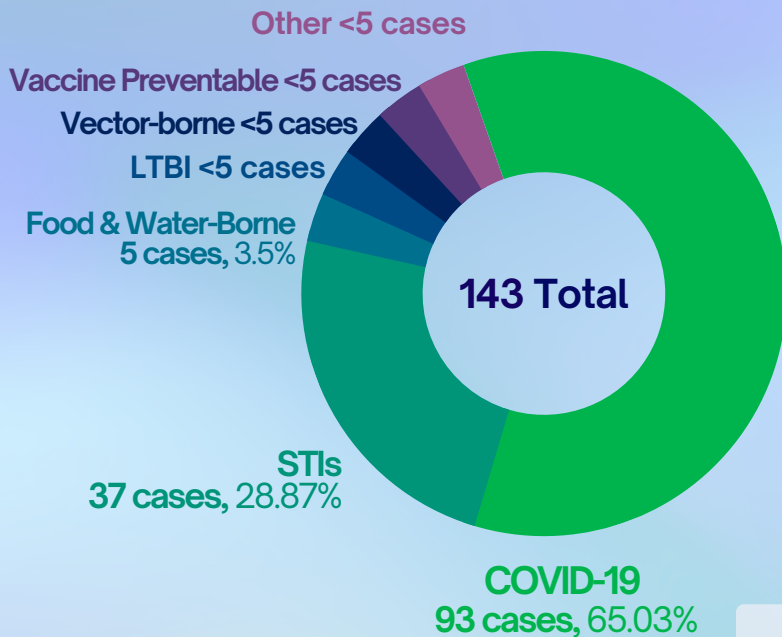
Healthy Highlights Recap

The Healthy Highlights for April discussed the topics of alcohol awareness, STI awareness, drug take back day, and worker safety. Review some of the highlights below. [View all the previous highlights here.](#)

- **What is “moderate drinking”?** For women, it is drinking no more than one standard drink a day. For men, it is no more than two standard drinks in one day. A standard drink is equivalent to 0.6 ounces (about 14 grams) of pure alcohol.
- **STIs affect young people the most.** In 2018, half of all new infections were among people between the ages of 15 and 24. One of the best ways to lower your risk of infection is through consistent condom use. Even if you use other birth control methods such as the pill, patch, ring, or IUD, you should still have a plan for STI prevention, as these forms do not protect against STIs and HIV.
- **Even though Drug Take Back Day is over (April 22),** you can still dispose of unneeded medications from your home to prevent medication misuse and opioid addiction [by locating a permanent drug drop box near you.](#)
- **In 2019, 65,500 non-fatal work-related injuries and illnesses were reported by employers.** Teen workers have a higher risk of getting injured on the job, with a teen in the U.S. getting injured on the job every 9 minutes.

Communicable Diseases

Probable & Confirmed Cases, Percentage



WORKFORCE DEVELOPMENT

Two staff members attended the NACCHO Preparedness Summit in Atlanta, GA. The summit focused on reprioritizing all hazards, especially as the consequences of climate change are becoming more intense and frequent.

We volunteered at the American Red Cross for National Public Health Week and helped them assemble kits for their Sound the Alarm event.

ADDITIONAL COMMUNICABLE DISEASE FOLLOW-UP

Received 2 notifications for animal bites that required follow-up & quarantine for rabies prevention & control.

NORTH SHORE ENVIRONMENTAL HEALTH CONSORTIUM

54 INSPECTIONS	2 NEW LICENSES	Educated business owners on the importance of food safety and code compliance.
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