



NORTH SHORE

HEALTH DEPARTMENT

HEALTHY HIGHLIGHTS 2022

Serving the communities of Bayside, Brown Deer, Fox Point, Glendale, River Hills, Shorewood and Whitefish Bay

September 14, 2022: Ovarian Cancer Awareness

September is Ovarian Cancer Awareness Month.

According to the Centers for Disease Control and Prevention (CDC), **ovarian cancer:**

- **Is the second most common gynecologic cancer in the United States**
- **Causes more deaths than any other cancer of the female reproductive system**
- **Ranks fifth in cancer deaths among women.**

The ovaries are small organs located on either side of the uterus that produce eggs and several hormones. Ovarian cancer occurs when malignant (cancerous) cells develop in, near, or on the outer layer of one or both ovaries.

According to the American Cancer Society:

- In 2022, it is estimated that 19,880 cases of ovarian cancer will be diagnosed
- An estimated 12,810 women will lose their lives to ovarian cancer this year
- The risk of a woman getting ovarian cancer is about 1 in 78 in her lifetime

It is important to pay attention to your body and know what feels normal for you. Contact your healthcare provider if you are concerned about any of the above signs and symptoms, risk factors, or to learn more. Also contact your healthcare provider to schedule a preventive care visit.



WHAT HAS NSHD BEEN WORKING ON?

NORTH SHORE HEALTH DEPARTMENT 2022 FLU VACCINE CLINICS

BROWN DEER OFFICE 4800 W GREEN BROOK DR.

TUESDAY, SEPTEMBER 27
9:00 AM - 11:00 AM

TUESDAY, OCTOBER 11
9:00 AM - 11:00 AM

THURSDAY, OCTOBER 27
9:00 AM - 11:00 AM

TUESDAY, OCTOBER 4
10:00 AM - 12:00 PM

THURSDAY, OCTOBER 20
10:00 AM - 12:00 PM

THURSDAY, NOVEMBER 10
2:00 PM - 4:00 PM

SHOREWOOD OFFICE 2010 E SHOREWOOD BLVD.

FRIDAY, SEPTEMBER 30
9:00 AM - 11:00 AM

FRIDAY, OCTOBER 14
1:00 PM - 3:00 PM

FRIDAY, OCTOBER 28
9:00 AM - 11:00 AM

THURSDAY, OCTOBER 6
9:00 AM - 11:00 AM

TUESDAY, OCTOBER 18
2:00 PM - 4:00 PM

TUESDAY, NOVEMBER 8
2:00 PM - 4:00 PM

**TO MAKE AN APPOINTMENT,
PLEASE CALL (414) 371-2980.**



We have a limited supply of high-dose (65+ years) and Flublok (50+) vaccines available for a cost of \$65.

We are able to bill some insurance for the full cost:

Medicare, Medicaid, Humana, United Healthcare and Anthem (BlueCross BlueShield). If paying with cash or check, we can issue a receipt on-site that can be submitted to your insurance company for reimbursement.

We also offer homebound flu vaccines! Call us to inquire.

NORTH SHORE HEALTH DEPARTMENT

FLU VACCINE CLINIC

AT NICOLET HIGH SCHOOL

LOCATION

B112 Cafeteria (Knights Hall)
Nicolet High School
6701 N. Jean Nicolet Rd.
Glendale, WI 53217

DATE & TIME

Saturday, October 8, 2022
9:00 AM - 11:00 AM
Walk-ins only. No appointments.

FLU VACCINE COST:

18 years and under: \$10 (cannot bill insurance)
Adult (quadrivalent): \$40
Preservative Free: \$45

Able to bill some insurance: Medicare, Medicaid, Humana, United Healthcare and Anthem (BlueCross BlueShield).
Otherwise payment by cash or check.

Availability of high-dose (65+) and Flublok (50+) is based on remaining supply. If you are interested in high-dose or Flublok, call 414-371-2980 so we can schedule you for an earlier date at one of our offices.

OTHER AVAILABLE VACCINES

Tdap
MMR
Varicella
HepB
Polio (IPV)
HPV
Meningitis
COVID-19 (Pfizer bivalent booster)
All other vaccines are FREE, regardless of insurance status, while supplies last.



Nicolet Flu Clinic is open to the public.

MONKEYPOX VACCINATION

MONKEYPOX VACCINATION AT NORTH SHORE HEALTH DEPARTMENT

JYNNEOS vaccine is currently available for the following people:

- **Known contacts who are identified by public health through case investigation, contact tracing, and risk exposure assessments.**
- **Presumed contacts who may meet the following criteria:**
 - People who know that a sexual partner in the past 14 days was diagnosed with monkeypox.
 - People who attended an event or venue where there was known monkeypox exposure.
 - Gay men, bisexual men, trans men and women, any men who have sex with men, and gender non-conforming/non-binary people, who have had multiple sexual partners in the last 14 days.
- **People considered to have an elevated risk of exposure to monkeypox in the future:**
 - Gay men, bisexual men, trans men and women, any men who have sex with men, and gender non-conforming/non-binary people who expect to have multiple or anonymous sex partners. This may include people living with HIV and people who take HIV pre-exposure.
 - Clinical laboratory personnel who perform testing to diagnose orthopoxviruses.
 - Research laboratory workers who directly handle cultures or animals contaminated or infected with orthopoxviruses that infect humans.
 - Certain health care providers working in sexual health clinics or other specialty settings directly caring for patients with sexually transmitted infections.

Call 414-371-2980 to inquire.



COVID-19 INFORMATION

COVID-19 VACCINATIONS AT NSHD

We are administering the new bivalent Pfizer COVID-19 booster. Everyone 12+ is eligible if it has been at least 2 months since your last dose of COVID-19 vaccine.

[Click Here for NSHD Clinic Dates](#)

COVID-19 BIVALENT BOOSTER CLINIC FOR AGES 12+

**SEPTEMBER 22ND
12PM TO 5PM**

**at our BROWN DEER OFFICE
4800 W GREEN BROOK DR**

We will be administering the newly authorized bivalent Pfizer booster. Everyone 12+ is eligible for the bivalent booster **at least 2 months** after your most recent COVID-19 vaccine (booster or primary series).

By appointment only. Bring your insurance card & vaccination card.



**CALL 414-371-2980
TO SCHEDULE AN
APPOINTMENT.**

FALL PREVENTION WEEK

National Fall Prevention Week 2022



Join us to stay strong and prevent falls!

Virtual Event

Monday, September 19

Virtual Kickoff Event

Link to event and more details

available at <https://www.mcfpc.net>

Free From Falls Resource Fair

Events held outdoors

Tuesday, September 20

10am-12pm

Elks Lodge

5555 W. Good Hope Rd.

Fall screenings

Free snacks!

Vision and hearing
screenings

Giveaways!

Thursday, September 22

10am-12pm

Wilson Park Senior Center

2601 W Howard Ave

For more information visit www.mcfpc.net

ncofe FallsFree CheckUp
YOU CAN PREVENT A FALL

HEALTH DEPARTMENT SERVICES

Did you know? We provide multiple services at the Health Department, including:

Purchase a Radon Kit	Lead Testing	Childhood Immunizations
Schedule a Child Safety Car Seat Check and installation	Request a Maternal Child Health Lactation Consultation	Request a Newborn Home visit
Bike Helmet Fittings	Tuberculosis Testing	Population health information and resources

BLOOD PRESSURE & IMMUNIZATION CLINICS

IMMUNIZATIONS (APPOINTMENT REQUIRED):

We provide vaccinations for individuals who are underinsured or uninsured, including infant, child routine immunizations and required for school.

Please call 414-371-2980 to find out what vaccines we have available and to make an appointment:

Brown Deer Office

1st Tuesday of the month • 7:30-9am

3rd Tuesday of the month • 3:30-5pm

Shorewood Office

2nd Wednesday of the month • 3:30-5pm

4th Wednesday of the month • 7:30-9am

If these days/times do not work for you, we will do our best to accommodate you at another time.

UPCOMING BLOOD PRESSURE SCREENINGS

(WALK-IN – NO APPOINTMENT):

- **NSHD Shorewood Office:** 2010 E Shorewood Blvd. 4th Wednesday of the month from 3:30 p.m. to 4:30 p.m. – next one is on September 28.
- **Lydell Community Center:** 5205 N Lydell Ave, Whitefish Bay. 1:00 p.m. to 2:00 p.m. Clinic dates: Sep 21, Oct 19, Nov 16, Dec 21.
- **Lois & Tom Dolan Community Center:** 4355 W. Bradley Rd, Brown Deer. 1st Wednesday of the month from 12:30 p.m. - 1:15 p.m. Clinic dates: Oct 5, Nov 2, Dec 7.

Please visit our website for up-to-date information about BP Screenings: www.nshealthdept.org/Clinics



**NORTH SHORE
HEALTH DEPARTMENT**

nshealthdept.org • (414) 371-2980

Follow us on social media and visit our website for health information and updates



RESOURCES AND REFERENCES

1. [Ovarian Cancer Awareness Month Toolkit | OCRA \(ocrahope.org\)](http://ocrahope.org)
2. [Ovarian Cancer Awareness Month | Homeland Security \(dhs.gov\)](http://dhs.gov)
3. [What Is Ovarian Cancer - ovarian.org](http://ovarian.org)
4. [Ovarian Cancer | CDC](http://cdc.gov)
5. [DHS Expands Monkeypox Vaccine Eligibility Criteria for Wisconsin | Wisconsin Department of Health Services](http://wisconsin.gov)
6. [Childhood Cancer Awareness Month](http://nccih.gov)
7. [Suicide Prevention Awareness Month \(SPAM\) | NAMI: National Alliance on Mental Illness](http://nami.org)