

Serving the communities of Bayside, Brown Deer, Fox Point, Glendale, River Hills, Shorewood and Whitefish Bay

August 9, 2023: Farmers Market Week

The first full week in August is National Farmers Market Week, a time to celebrate the role that farmers markets play in our food systems. Farmers markets help keep our communities healthy by:

Giving us access to fresh, nutritious, & seasonal

food. Farmers markets give us the opportunity to buy fresh, in-season produce. You can explore the biodiversity of local agricultural products, like purple cauliflower or yellow heirloom tomatoes, while adding new fruits and vegetables to your diet.

Providing a more sustainable way to buy groceries.

The seasonality of the produce at farmers markets also reduces the need to heavily process foods. Food in the U.S. travels an <u>average of 1,500 miles</u> to get to your plate; transporting food over long distances contributes to pollution because it requires large amounts of fuel and single use plastics. Farmers markets give us access to lower-emissions food choices.

Reducing food insecurity. Supplemental nutrition programs like WIC and SNAP have expanded their reach in many states so that low-income individuals can enjoy the benefits of farmers market foods. Check out this guide to using SNAP benefits at farmers markets in Wisconsin.

Supporting local economies. Shopping at a farmers market puts your money back into your community instead of into a national grocery store chain. Buying directly from farmers gives them a better return for their produce than a large-scale grocer might.

Building community. Taking a trip to the farmers market allows you to connect with those in your community while you shop. You can learn more about where your food comes from and create relationships with the people who work hard to make farmers markets a reality.

The North Shore Health Department regularly participates in farmers markets across the North Shore during the summer. Upcoming markets we'll be at include the Whitefish Bay Farmers Market on 8/12, and the Brown Deer Farmers Market on 8/23. Representatives from NSHD will be available to answer questions and give away free health supplies like tick kits, COVID tests, and more!

NSHD HAPPENINGS

August 8, 2023 Mosquito and WNV Surveillance Update

For the second week in a row, mosquitoes tested positive for West Nile Virus (WNV) in Milwaukee County.

Three sites had positive WNV mosquitoes:

- Bender Rd. in Glendale
- Jackson Park
- Airport

North Shore Mosquito Surveillance Data, 2023



				WINV POSITIVE
Location	Week 28 (7/12)	Week 29 (7/18)	Week 30 (7/25)	Week 31 (7/31)
Bender Rd. in Glendale	66 mosquitoes 0 WNV positive	33 mosquitoes 0 WNV positive	38 mosquitoes 1 of 1 pools WNV positive	138 mosquitoes 3 of 4 pools WNV positive
Brown Deer Pond	16 mosquitoes 0 WNV positive	4 mosquitoes 0 WNV positive	18 mosquitoes 0 WNV positive	8 mosquitoes 0 WNV positive
Doctor's Park	NA	NA	1 mosquito 0 WNV positive	0 mosquitoes 0 WNV positive
Klode Park	19 mosquitoes 0 WNV positive	3 mosquitoes 0 WNV positive	2 mosquitoes 0 WNV positive	2 mosquitoes 0 WNV positive
Lincoln Park Golf Course	15 mosquitoes 0 WNV positive	15 mosquitoes 0 WNV positive	37 mosquitoes 0 WNV positive	50 mosquitoes 0 WNV positive

Each week, the number of mosquitoes collected at each site and the West Nile Virus (WNV) test results are reported to our department from the WI Department of Health Services. Depending on the number of mosquitoes in each trap, they are divided into "pools" for testing purposes. The number of WNV positive pools for each site are included in the table above, along with the total number of *Culex pipiens/restuans* mosquitoes (primary species that transmits WNV).

Trapping 0 mosquitoes does not mean there are no mosquitoes in that area, and not testing positive for WNV does not mean there are no WNV positive mosquitoes in that area.

NORTH SHORE HEALTH DEPARTMENT

MONTHLY REPORT — JULY 2023

Key Updates

Mosquito surveillance has been underway since mid-July. On July 25 and July 31, positive West Nile Virus (WNV) mosquitoes were detected at multiple locations in Milwaukee County - one of the locations was in Glendale. Learn more about the surveillance and see surveillance data on our website.

Continued working with our partners at WI Department of Natural Resources, WI Department of Health Services and the City of Glendale on the elevated trichloroethylene (TCE) in The Lydell apartments.

Held the first two Parent Social Group meetings in July. This is a new initiative at our department as part of our Maternal Child Health grant objective around social connectedness. Staff set up a space for parents, grandparents, caregivers, and children to come hang out and have discussions. The plan is to host two per month moving forward. The next sessions are tonight (August 9) and this Saturday, August 19.

Check out the full report for more information.

Read the full report



Follow us on social media and visit our website for health information and updates!



RESOURCES AND REFERENCES

- <u>https://healthyliving.extension.wisc.edu/articles/ho</u> w-to-shop-with-snap-benefits-at-wisconsinsfarmers-markets/
- 2. The mosquito surveillance data will be updated weekly on our website: <u>https://www.nshealthdept.org/EnvironmentalHealth</u> /DiseasesSpreadbyMosquitoes.aspx