



# NORTH SHORE

## HEALTH DEPARTMENT

### HEALTHY HIGHLIGHTS 2022

*Serving the communities of Bayside, Brown Deer, Fox Point, Glendale, River Hills, Shorewood and Whitefish Bay*

## August 31, 2022: OVERDOSE AWARENESS



### Overdose is preventable.

International Overdose Awareness Day brings people together to help end overdose and spread the message of the tragedy of drug overdose death. It is also a day to end the stigma of drug overdose, remember those who have died, and acknowledge the grief of friends and family left behind.

Some of the goals of International Overdose Awareness Day include:

- To provide an opportunity for people to **publicly mourn loved ones**.
- To send a strong message to people who use drugs and people in recovery that they are **valued**.
- To inform people around the world about the **risk of drug overdose**.

Join others from Milwaukee County and surrounding areas at the Overdose Awareness Day Memorial Event. Organized by [Milwaukee County Substance Abuse Prevention Coalition](#) the event is Wednesday, August 31, 2022, from 4:00 PM - 6:00 PM at Humboldt Park, 3000 S Howell Ave., Milwaukee, WI 53207.

According to the event website: *"All are welcome to this FREE community resource fair commemorating those who have passed from drug overdose and providing support to family and friends deeply affected by those losses. Event includes recovery speakers, memorial board and poster making, naloxone-administration training, open mic, community resources, and free food while supplies last."*

To learn more, visit [Milwaukee County Substance Abuse Prevention Coalition](#) or [County of Milwaukee | Milwaukee County | Event Detail](#)

MCSAP PRESENTS

# 2022 OVERDOSE AWARENESS DAY

MEMORIAL EVENT

*Featuring*

- Recovery Speakers
- Community Resource Fair
- Free Food
- Memorial Board & Poster Making
- Open Mic
- & more...

[www.mcsapcoalition.org](http://www.mcsapcoalition.org)

**WEDNESDAY AUG 31** 4PM - 6PM

Humboldt Park MKE  
3000 S Howell Ave 53207

[Learn more about this event](#)

To learn more, visit:  
[International Overdose Awareness Day Drug Overdose](#)  
[International Overdose Awareness Day \(DEA\)](#)  
[International Overdose Awareness Day - National Safety Council \(NSC\)](#)

## NORTH SHORE COMMUNITY HEALTH ASSESSMENT (CHA)

We have almost reached 1,000 responses. If you haven't taken the survey yet, help us reach our goal of 1,000 responses and take the survey today!

### TAKE THE NORTH SHORE COMMUNITY HEALTH SURVEY

FROM THE NORTH SHORE HEALTH DEPARTMENT

We are conducting a Community Health Assessment (CHA) to identify key health problems & needs in the community.

**YOUR INPUT IS ESSENTIAL & HELPS US TO DEVELOP GOALS & PROGRAMS THAT MEET THE NEEDS OF OUR NORTH SHORE COMMUNITIES.**

#### TO TAKE THE SURVEY, YOU CAN...

SCAN THIS QR CODE & TAKE IT ON YOUR PHONE



FOLLOW THE INCLUDED LINK OR FIND THE SURVEY LINK ON OUR WEBSITE:  
[WWW.NSHEALTHDEPT.ORG](http://WWW.NSHEALTHDEPT.ORG)

WHO CAN TAKE THE SURVEY?

- ✓ You must be 18 or older. *Your name and personal information are not collected.*
- ✓ Anyone who lives, works, attends school, plays, or prays in the North Shore.



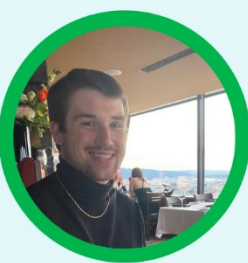
### TAKE THE SURVEY

## WHAT HAS NSHD BEEN WORKING ON?

We hosted a vaccination clinic at Brown Deer School Registration last week and administered a total of 124 vaccines, including COVID-19, Tdap, HPV & more.

### NORTH SHORE HEALTH DEPARTMENT **CONGRATULATIONS!** JOEY MCMAHON, MPH PUBLIC HEALTH STRATEGIST

PRONOUNS: HE/HIM



Joey is a recent May 2022 Master of Public Health graduate from the UW-Milwaukee Zilber School of Public Health with a concentration in Public Health Policy and Administration. He received his Bachelor of Science degree in Biology from University of Wisconsin - Lacrosse.

Joey has been with the North Shore Health Department since March 2021, as a Public Health Assistant. Joey transitioned into different roles throughout the pandemic response, transitioning into different roles throughout the pandemic response, including contact tracing, vaccine clinics, outreach and communications. Joey's capstone project focused on researching and understanding vaccine inequities in the North Shore.

As a specialist, some of his work will focus on disease investigation, community outreach and collaboration, lead and water testing, supporting continued work in the North Shore Community Health Assessment (CHA), and Community Health Improvement Plan (CHIP).

Joey is interested in equitable policy solutions that seek to address systemic racism, food insecurity, housing, and healthcare. He also finds interest in topics and projects that focus on policy change, advocacy and social justice.

His favorite animal is an orangutan and his favorite color is purple. He enjoys discussing current events, cooking, and watching movies.

Joey's girlfriend, Bre, is also a public health professional working at the Oak Creek Health Department. They live in the neighborhood of Bay View in the City of Milwaukee.

They recently became proud pet parents of a kitten named Kiwi.

**WELCOME TO THE NORTH SHORE HEALTH DEPARTMENT TEAM!**



It's farmers market season! Farmers markets are local, community sources of fresh and nutritious foods, and seasonal fruits and vegetables. *Many farmers markets accept WIC, FMNP Senior vouchers and/or EBT/SNAP.*

[Brown Deer:](#) Wednesdays, until October 26, 9:00 AM-5:30 PM

[Fox Point:](#) Saturdays, until October 15, 8:00am-12:00pm

[Shorewood:](#) Sundays, until October 30, 9:30am-1pm

[Whitefish Bay:](#) Saturdays, until October 15, 8:30am-12:30pm



**988 is able to accept calls, texts, or chats.**  
**For TTY Users: Use your preferred relay service or dial 711 then 988.**

## MENTAL HEALTH RESOURCES

A list of resources including nationwide, statewide and Milwaukee area.

- ❖ [MentalHealth.gov](https://www.mentalhealth.gov)
- ❖ [NIMH » Help for Mental Illnesses](https://www.nimh.nih.gov/helpformentalillnesses)
- ❖ [Mental Health | Wisconsin Department of Health Services](https://www.wisconsin.gov/health/services)
- ❖ [Free Mental Health Resources \(Milwaukee\)](https://www.wisconsin.gov/health/free-mental-health-resources)
- ❖ [Rogers Behavioral Health](https://www.wisconsin.gov/health/rogers-behavioral-health)

## LGBTQ+ HEALTH

LGBTQ+ people continue to show disparities in mental health, even though they are more likely to use mental health services.

[Wisconsin DHS LGBTQ Health Resources](#)

[Milwaukee LGBT Community Center](#)

[PRISM Peer Support](#)

[The Trevor Project | For Young LGBTQ Lives](#)

## MINORITY HEALTH RESOURCES

**Advocating for minority health and health equity is critical. Minority health is affected by social and structural factors that drive disparities in our society. Did you know? According to the [2020 US Census](#), 46.9**



million US citizens are Black or African American alone or in combination. Promoting equitable access to health promoting resources, including quality housing, healthy food, stable employment, etc., can help decrease gaps in health between racial and ethnic groups.

[Wisconsin DHS Minority Health Program](#)  
[Wisconsin Women's Health Foundation](#)

Interested in learning more about health inequities? Visit the CDC's new [Conversations in Equity](#) blog.

Looking for substance and mental health resource? Visit Detox Local [AAPI Addiction and Mental Health Resources](#) and [Live Another Day: Substance Abuse & Mental Illness Recovery Support](#) for additional resources and referrals.

## HEALTH DEPARTMENT SERVICES

*Did you know?* We provide multiple services at the Health Department, including:

<a href="#">Purchase a Radon Kit</a>	<a href="#">Lead Testing</a>	<a href="#">Childhood Immunizations</a>
<a href="#">Schedule a Child Safety Car Seat Check and installation</a>	<a href="#">Request a Maternal Child Health Lactation Consultation</a>	<a href="#">Request a Newborn Home visit</a>
<a href="#">Bike Helmet Fittings</a>	<a href="#">Tuberculosis Testing</a>	Population health information and resources

## BLOOD PRESSURE & IMMUNIZATION CLINICS

### IMMUNIZATIONS (APPOINTMENT REQUIRED):

We provide vaccinations for individuals who are underinsured or uninsured, including infant, child routine immunizations and required for school.

***Please call 414-371-2980 to find out what vaccines we have available and to make an appointment:***

#### Brown Deer Office

1st Tuesday of the month • 7:30-9am  
3rd Tuesday of the month • 3:30-5pm

#### Shorewood Office

2nd Wednesday of the month • 3:30-5pm  
4th Wednesday of the month • 7:30-9am

*If these days/times do not work for you, we will do our best to accommodate you at another time.*

### UPCOMING BLOOD PRESSURE SCREENINGS

#### (WALK-IN – NO APPOINTMENT):

- **NSHD Shorewood Office:** 2010 E Shorewood Blvd. 4th Wednesday of the month from 3:30 p.m. to 4:30 p.m. – next one is on September 28.
- **Lydell Community Center:** There will be no blood pressure clinic at Lydell in August. Clinic dates: Sep 21, Oct 19, Nov 16, Dec 21.
- **Lois & Tom Dolan Community Center:** 4355 W. Bradley Rd, Brown Deer. 1st Wednesday of the month from 12:30 p.m. - 1:15 p.m. Clinic dates: Sept 7, Oct 5, Nov 2, Dec 7.
- **Congregation Shalom:** 7630 N Santa Monica Blvd, Fox Point. Next clinic is on Monday, September 13 from 12:30 p.m. - 1:00 p.m.

*Please visit our website for up-to-date information about BP Screenings:*

[www.nshealthdept.org/Clinics](http://www.nshealthdept.org/Clinics)

## COVID-19 INFORMATION

### COVID-19 VACCINATIONS AT NSHD

*Check our website for updates:*  
[www.nshealthdept.org/CommunicableDiseases/COVID-19/VaccineInformation](http://www.nshealthdept.org/CommunicableDiseases/COVID-19/VaccineInformation)



**NORTH SHORE  
HEALTH DEPARTMENT**

[nshealthdept.org](http://nshealthdept.org) • (414) 371-2980

*Follow us on social media and visit our website for health information and updates*



### RESOURCES AND REFERENCES

1. [Home : Milwaukee County Substance Abuse Prevention Coalition \(mcsapcoalition.org\)](http://mcsapcoalition.org)
2. [International Overdose Awareness Day \(CDC\)](#)
3. [International Overdose Awareness Day Drug Overdose](#)
4. [International Overdose Awareness Day \(DEA\)](#)
5. [International Overdose Awareness Day - National Safety Council \(NSC\)](#)
6. [Wisconsin DHS LGBTQ Health Resources](#)
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11. [Wisconsin Women's Health Foundation](#)
12. [Conversations in Equity](#)