



2023 NORTH SHORE HEALTH DEPARTMENT HEALTHY HIGHLIGHTS

Serving the communities of Bayside, Brown Deer, Fox Point, Glendale, River Hills, Shorewood and Whitefish Bay

August 23, 2023: International Overdose Awareness Day

Each year, on August 31, communities around the world acknowledge International Overdose Awareness Day (IDOA). August 31 is a day for all to come together and bring awareness to stop overdoses and poisonings. It is a day for all to remember those who died and support their communities and loved ones.

Since 1999, in the US, over 932,000 people have died from overdoses. Substance overdose and poisoning affects people worldwide, and can include prescribed, over the counter, legal, or illegal drugs.
→ If you suspect an overdose, call 911 right away.
→ If you have naloxone (NARCAN) give it right away, to help stop overdose.



Raising awareness in our community is daily work, across the world. Every day there is work being done at every level of the community. On August 31, there are also multiple events around Milwaukee to celebrate International Overdose Awareness Day.

To learn more about the events, visit [RISE Drug Free MKE](#) or scan the QR code below:

INTERNATIONAL OVERDOSE AWARENESS DAY

What you can do:

- **ATTEND A NALOXONE (NARCAN) TRAINING**
Scan the QR code to schedule a free training with NSHD. Traveling or don't live in the North Shore? Visit www.narcan-finder.com to find near you.
- **DISPOSE UNUSED MEDICATION WITH DISPOSERX OR DETERRA BAGS**
Stop by NSHD to get free disposal products.
- **ATTEND LOCAL EVENTS**
Scan the QR code to learn more about IDOA local events around Milwaukee.

MEDICATION DEACTIVATION AND DISPOSAL

Keep safe with medication and prescription drug deactivation and disposal items.

To keep our community safe, it's important to dispose of expired or unused medications properly. It might seem like an easy way to get rid of medications but flushing them down the toilet harms the environment. Improper disposal can harm the environment, including plants, animals and humans, and water supply. Mixing or combining medicines can create harmful substances. These harmful substances can lead to sickness or hurt the environment. It can also get into drinking water, which into drinking water can create harmful substances when combined together, but if a treatment plant cannot remove chemicals from drinking water, bacteria can be harder to treat and cause sickness.

Ways to safely deactivate and dispose include:

- **Community Drug Take Back Days:** Bring your unused or expired medicines to these special events. Check for dates and locations near you.
- **Drop-off Locations:** Visit your local police department or other collection sites to safely drop off medications.
- **To find a disposal event or site:** Call 1-800-882-9539, visit the [DEA Diversion Control Division Registration Call Center Website](#) or search "drug disposal near me" or "medication disposal near me" on [Google Maps](#)
- **Use Safe Disposal Products:** Safe disposal products deactivate chemicals in medications and drugs, including over-the-counter ones. **Disposal products are available for FREE at both offices (Brown Deer office: 4800 W Green Brook Dr., Shorewood office: 2010 E Shorewood Blvd.).**

DRUG AND MEDICATION DISPOSAL PRODUCTS

KEEP YOUR HOME SAFE WITH

DETERRA DRUG DEACTIVATION BAGS

DISPOSERX PACKETS



Unused prescription drugs pose a risk of misuse and accidental poisoning, but improper disposal can harm the environment and contaminate the water supply. Once medication is no longer needed or expired, dispose of unused pills, capsules, or liquid using the bags or packets.

NALOXONE TRAINING

NSHD OFFERS FREE COMMUNITY NALOXONE (NARCAN) AND TRAINING. At NSHD, we offer free naloxone (also called NARCAN) to the community. If you want to learn how to use naloxone and get it for free, just scan the QR code. You can schedule a quick training with our staff at either our Brown Deer or Shorewood locations [HERE](#) or check out [Narcan Finder - U.S. Naloxone Nasal Spray Directory](#), to find naloxone throughout our community and the US.

NARCAN is available at North Shore Health Department

NARCAN® Direct Program



**SCAN THE QR CODE to schedule
a time to stop in for training &
to receive Narcan.**

Walk-ins are also welcome!

NARCAN is available at both offices:

Brown Deer office

4800 W Green Brook Dr.

Shorewood office

2010 E Shorewood Blvd.

Open Mon-Fri 8AM-430PM

Want to learn more about Narcan?

Scan the QR code to visit
Dose of Reality: Safer Use/Harm Reduction

Follow us on social media for updates on future community
NARCAN trainings and distribution events.



**NORTH SHORE
HEALTH DEPARTMENT**
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*Follow us on social media and visit our website for health
information and updates!*



RESOURCES AND REFERENCES

1. [Deterra Drug Disposal System \(deterrasystem.com\)](https://www.deterrasystem.com)
2. [DisposeRx, Inc. - Medication Disposal - DisposeRx, Inc.](#)
3. [Drug Disposal: Drug Take Back Locations | FDA](#)