



NORTH SHORE HEALTH DEPARTMENT HEALTHY HIGHLIGHTS 2022

Serving the communities of Bayside, Brown Deer, Fox Point, Glendale, River Hills, Shorewood and Whitefish Bay

July 27th, 2022: 14 Diseases You Almost Forgot About – Thanks to Vaccines!

14 Diseases YOU ALMOST FORGOT ABOUT (THANKS TO VACCINES)



1. Polio
2. Tetanus
3. Flu (Influenza)
4. Hepatitis B
5. Hepatitis A
6. Rubella
7. Hib
8. Measles
9. Whooping Cough (Pertussis)
10. Pneumococcal Disease
11. Rotavirus
12. Mumps
13. Chickenpox
14. Diphtheria

Learn more about these 14 diseases & the vaccines that prevent them:

www.cdc.gov/vaccines/parents/diseases/forgot-14-diseases.html

Why vaccinate? Vaccination is one of the best ways parents can protect babies, children, and teens from dangerous diseases. Vaccine-preventable diseases can be very serious, even deadly, especially for young children. You can look up your child's record through the Wisconsin Immunization Registry (<https://www.dhfwir.org/PR/clientSearch.do?language=en>) to make sure they are up-to-date on all their vaccines.

Childhood, Adolescent Vaccine Info and Schedules:

www.dhs.wisconsin.gov/immunization/childhood

www.cdc.gov/vaccines/schedules/index



Get your kids ready to be back in school by making sure they have all the necessary vaccines.

Student Immunization Law Age/Grade Requirements:

www.dhs.wisconsin.gov/publications/p44021.pdf

The North Shore Health Department (NSHD) maintains an immunization program to prevent and control vaccine-preventable diseases. Under this program, NSHD provides immunizations to residents without medical insurance, to those on Medicaid and to those whose insurance does not cover vaccines. Please contact our office to check availability and make a vaccination appointment by calling 414-371-2980 or emailing: nshd@nshealthdept.org.

Health insurance typically covers vaccinations, so check with your child's physician about getting them immunized.

Walgreens also offers immunizations:

<https://www.walgreens.com/findcare/vaccination/covid/19/get-started#/location>

Beach Monitoring

Our department monitors the water quality at Atwater, Klode and Doctors Parks throughout the summer by testing the water at least twice weekly for the presence of *E. coli* bacteria. Based on test results, beaches are considered:

- **Green**: Open with no advisory,
 - **Yellow**: Open with an advisory indicating caution should be used at the beach because of elevated bacteria levels, or
 - **Red**: Beach may be closed due to highly elevated bacteria levels.
- [Visit the DNR for up-to-date Beach advisories or closures](#)



It's farmers market season! Farmers markets are local, community sources of fresh and nutritious foods, and seasonal fruits and vegetables. *Many farmers markets accept WIC, FMNP Senior vouchers and/or EBT/SNAP.*

- Brown Deer: Wednesdays, June 15 to October 26, 9:00 AM-5:30 PM [Brown Deer Website](#)
- Fox Point: Saturdays, June 18 to October 15, 8:00am to 12:00pm [Fox Point Website](#)
- Shorewood: Sundays, June 19 to October 30, 9:30am-1pm [Shorewood Village Calendar](#)
- Whitefish Bay: Saturdays, June 11 to October 15, 8:30am to 12:30pm [Whitefish Bay Website](#)

WHAT HAS NSHD BEEN WORKING ON?

TAKE THE NORTH SHORE COMMUNITY HEALTH SURVEY

FROM THE NORTH SHORE HEALTH DEPARTMENT

We are conducting a Community Health Assessment (CHA) to identify key health problems & needs in the community.

YOUR INPUT IS ESSENTIAL & HELPS US TO DEVELOP GOALS & PROGRAMS THAT MEET THE NEEDS OF OUR NORTH SHORE COMMUNITIES.

TO TAKE THE SURVEY, YOU CAN...

SCAN THIS QR CODE & TAKE IT ON YOUR PHONE



FOLLOW THE INCLUDED LINK OR FIND THE SURVEY LINK ON OUR WEBSITE:

WWW.NSHEALTHDEPT.ORG

WHO CAN TAKE THE SURVEY?

- ✓ You must be 18 or older. *Your name and personal information are not collected.*
- ✓ Anyone who lives, works, attends school, plays, or prays in the North Shore.



[TAKE THE SURVEY](#)



Meet Brad Simerly, Deputy Health Officer

Through the course of the pandemic, the NSHD leadership experienced transitions that made apparent the unclear plan for succession in the department. To avoid this moving forward, NSHD has created a Deputy Health Officer position. **NSHD has a unique opportunity to promote long-time public servant, Brad Simerly, REHS, into the role. Brad has been a consistent leader at NSHD for over 12 years.**

He will continue to operate in his role as Senior Environmental Health Specialist (EHS) at 80%, while adding some management, public health preparedness, workforce, and professional development responsibilities to his role. With training and mentoring, the Deputy will be poised to provide coverage and serve in the Health Officer role, as needed. This critical investment in staffing sends a clear message throughout the department, and Village, that we are invested earnestly in the growth, development, and most importantly, the retention of our loyal and high-performing personnel.

In his spare time, Brad enjoys smoking meats, taking family vacations and playing Animal Crossing, with his daughter. In 2022, his family adopted a new puppy into their home from a local humane society. He has a background in improv and is our go-to for dad jokes and puns.

"What do you call a factory that makes okay products?" "A satisfactory."

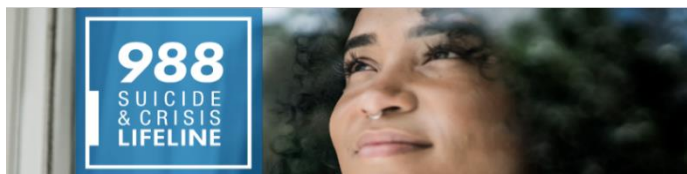
We are very grateful for Brad's service and congratulate him on his new role!

MENTAL HEALTH RESOURCES

In need of mental health resources or help? Below find a list of resources including nationwide, statewide and Milwaukee area.

- ❖ MentalHealth.gov

- ❖ [NIMH » Help for Mental Illnesses](#)
- ❖ [Mental Health | Wisconsin Department of Health Services](#)
- ❖ [Free Mental Health Resources \(Milwaukee\)](#)
- ❖ [Rogers Behavioral Health](#)



988 will be able to accept calls, texts, or chats.
For TTY Users: Use your preferred relay service or dial 711 then 988.

MINORITY HEALTH RESOURCES

Advocating for minority health and health equity is critical. Minority health is impacted by social and structural factors that drive disparities in our society. Did you know? According to the [2020 US Census](#), 46.9 million US citizens are Black or African American alone or in combination. Promoting equitable access to health promoting resources, including quality housing, healthy food, stable employment, etc., can help decrease gaps in health between racial and ethnic groups.

- ❖ [Wisconsin DHS Minority Health Program](#)
- ❖ [Wisconsin Women's Health Foundation](#)

BLOOD PRESSURE & IMMUNIZATION CLINICS

IMMUNIZATIONS (APPOINTMENT REQUIRED):

We provide vaccinations for individuals who are underinsured or uninsured, including infant, child routine immunizations and required for school.

Please call 414-371-2980 to find out what vaccines we have available and to make an appointment:

Brown Deer Office

1st Tuesday of the month • 7:30-9am
3rd Tuesday of the month • 3:30-5pm

Shorewood Office

2nd Wednesday of the month • 3:30-5pm
4th Wednesday of the month • 7:30-9am

If these days/times do not work for you, we will do our best to accommodate you at another time.

UPCOMING BLOOD PRESSURE SCREENING

(WALK-IN – NO APPOINTMENT):

- **NSHD Shorewood Office:** 2010 E Shorewood Blvd. 4th Wednesday of the month from 3:30 p.m. to 4:30 p.m.

- **Lydell Community Center:** There will be no blood pressure clinics at Lydell in July or August. They will resume in the fall: Sep 21, Oct 19, Nov 16, Dec 21.
- **Lois & Tom Dolan Community Center:** 4355 W. Bradley Rd, Brown Deer. 1st Wednesday of the month from 12:30 p.m. - 1:15 p.m. There is no clinic in July or August. They will resume in the fall: Sep 7, Oct 5, Nov 2, Dec 7.

Please visit our website for up-to-date information about BP Screenings: www.nshealthdept.org/Clinics

COVID-19 INFORMATION

COVID-19 VACCINATIONS AT NSHD

Check our website for updates:
www.nshealthdept.org/CommunicableDisease/s/COVID-19/VaccineInformation

HEALTH DEPARTMENT SERVICES

Did you know? In addition to vaccines, we provide multiple services at the Health Department. Some services include:

▪ Radon Kits	▪ Lead Testing	▪ Childhood Immunizations
▪ Child Safety Car Seat Checks	▪ Maternal Child Health Lactation Consultation	▪ Newborn Home Visits
▪ Bike Helmet Fittings	▪ Tuberculosis Testing	▪ Population health information and resources



Follow us on social media and visit our website for health information and updates



RESOURCES AND REFERENCES

1. <https://www.cdc.gov/vaccines/parents/diseases/forgot-14-diseases.html>
2. <https://www.dhs.wisconsin.gov/immunization/childhood.htm>
3. [Beaches | Wisconsin DNR](#)
4. [NIMH » Help for Mental Illnesses](#)
5. [Free Mental Health Resources \(milwaukee.gov\)](#)
6. [Rogers Behavioral Health \(rogersbh.org\)](#)
7. [988 America's Suicide Prevention and Crisis Lifeline](#)
8. [SAMHSA 988 Find Help](#)
9. [US Census Bureau](#)
10. [Minority Health Program](#)
11. [Minority Mental Health Resources \(wwhf.org\)](#)