



NORTH SHORE

HEALTH DEPARTMENT

HEALTHY HIGHLIGHTS 2022

Serving the communities of Bayside, Brown Deer, Fox Point, Glendale, River Hills, Shorewood and Whitefish Bay

June 8th, 2022: North Shore Community Health Assessment

Community Health Assessment (CHA)

Every five years, local health departments conduct a Community Health Assessment (CHA) to identify key health problems and needs in the community.

The CHA includes three parts: analyzing health data, interviewing key informants, and surveying the community.

Why is the CHA important?

A Community Health Assessment (CHA) gives organizations comprehensive information about a community's health status, needs, and issues. Conducting a CHA promotes collaboration with the community and gives people in the community the power to advocate for a healthier and safer place to live, work, play and pray.

This information is utilized to develop a Community Health Improvement Plan (CHIP), by justifying how and where resources should be allocated to best meet community needs.

How can you get involved?

Take our CHA Survey! Public input is an essential component of the CHA and helps us to develop goals and programs that meet the needs of our North Shore communities.

Follow this link:

https://nshd.qualtrics.com/jfe/form/SV_7Vac94mdbllANI5

Or scan this QR code with your phone:



Please share the survey with your friends, family, coworkers, and social networks that have affiliation with the North Shore!

JUNE IS PRIDE MONTH

While June is Pride month, it is important to acknowledge LGBTQ+ education, awareness and support requires year-round action and allyship. Although we will take the opportunity throughout the month of June to focus on highlighting LGTBQ+ education and awareness, as vital members of our community, we recognize the critical need for action, policies and practices 365 days a year.

Governor Evers declared June 2022 LGBTQ+ Pride Month

- [Press Release](#)
- [Proclamation](#)

LGBTQ+ MENTAL HEALTH AWARENESS

BEING LGBTQ+ IS NOT A MENTAL HEALTH CONDITION!

HOWEVER, LGBTQ+ INDIVIDUALS EXPERIENCE MENTAL HEALTH STRUGGLES AT HIGHER RATES THAN THEIR STRAIGHT AND CISGENDER PEERS.



MENTAL HEALTH CHALLENGES IN THE LGBTQ+ COMMUNITY ARE PRIMARILY DUE TO INDIVIDUALS FACING STIGMA, DISCRIMINATION, AND BIAS IN MANY FORMS.



LGBTQ+ INDIVIDUALS ARE INCREDIBLY RESILIENT AND CAN THRIVE IN THE FACE OF ADVERSITY WITH THE HELP OF SUPPORTIVE FAMILIES, PEERS, AND COMMUNITIES.

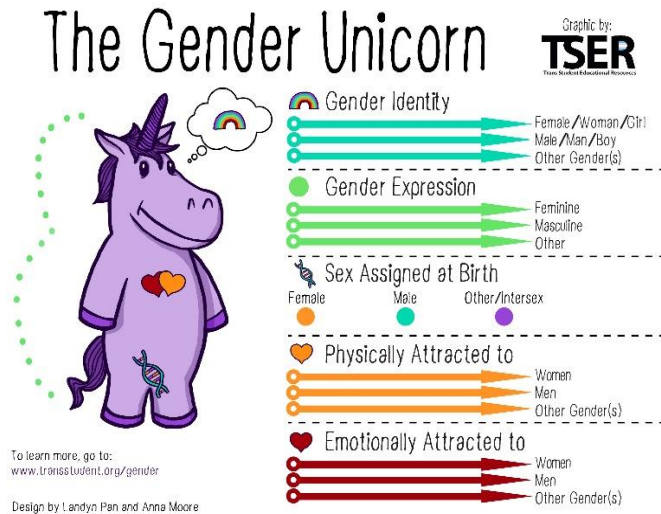


LGBTQ+ YOUTH WHO LIVE IN A COMMUNITY THAT IS ACCEPTING OF LGBTQ+ PEOPLE REPORTED SIGNIFICANTLY LOWER RATES OF ATTEMPTING SUICIDE THAN THOSE WHO DO NOT.



GENDER UNICORN

To help people better understand gender, Trans Student Educational Resources created “The Gender Unicorn” graphic that explores and defines gender identity, gender expression/presentation sex assigned at birth, physical attraction and emotional attraction.



Gender Identity:

One’s internal sense of being male, female, neither of these, both, or another gender(s). Everyone has a gender identity, including you. For transgender people, their sex assigned at birth and their own internal sense of gender identity are not the same. Female, woman, and girl and male, man, and boy are also not necessarily linked to each other but are just six common gender identities.

Gender Expression/Presentation:

The physical manifestation of one’s gender identity through clothing, hairstyle, voice, body shape, etc. Many transgender people seek to make their gender expression (how they look) match their gender identity (who they are), rather than their sex assigned at birth.

Sex Assigned at Birth:

The assignment and classification of people as male, female, intersex, or another sex based on a combination of anatomy, hormones, chromosomes. It is important we don’t simply use “sex” because of the vagueness of the definition of sex and its place in transphobia.

Chromosomes are frequently used to determine sex from prenatal karyotyping (although not as often as genitalia). Chromosomes do not always determine genitalia, sex, or gender.

Physically Attracted To:

Sexual orientation. It is important to note that sexual and romantic/emotional attraction can be from a variety of factors including but not limited to gender identity, gender expression/presentation, and sex assigned at birth.

Emotionally Attracted To:

Romantic/emotional orientation. It is important to note that sexual and romantic/emotional attraction can be from a variety of factors including but not limited to gender identity, gender expression/presentation, and sex assigned at birth. There are other types of attraction related to gender such as aesthetic or platonic. These are simply two common forms of attraction.

Trans Student Educational Resources, 2015. “The Gender Unicorn.” <http://www.transstudent.org/gender>.

WHAT HAS NSHD BEEN WORKING ON?

READ THE NORTH SHORE HEALTH DEPARTMENT MONTHLY REPORT MAY 2022

THIS REPORT HIGHLIGHTS THE WORK DONE IN EACH OF OUR FOUR PRIORITY AREAS OVER THE PAST MONTH, AS WELL AS OTHER IMPORTANT WORK AND ACTIVITIES DONE BY OUR DEPARTMENT.

OUR 4 PRIORITY AREAS



The goal of these monthly reports is to showcase the work being done at the North Shore Health Department and to increase transparency with community leaders, partners, elected officials, and the public.



READ THE NSHD MAY MONTHLY REPORT

NOTABLE HEALTH DAYS

Among the notable health observances in June are:

- [Bed Bug Awareness Week](#) (June 5 – 11)
- [World Brain Tumor Day](#) (June 8)
- [World Elder Abuse Awareness Day](#) (June 15)

BLOOD PRESSURE & IMMUNIZATION CLINICS

IMMUNIZATIONS (APPOINTMENT REQUIRED):

We provide vaccinations for individuals who are underinsured or uninsured, including infant, child routine immunizations and required for school.

Please call 414-371-2980 to find out what vaccines we have available and to make an appointment:

Brown Deer Office

1st Tuesday of the month • 7:30-9am
3rd Tuesday of the month • 3:30-5pm

Shorewood Office

2nd Wednesday of the month • 3:30-5pm
4th Wednesday of the month • 7:30-9am

If these days/times do not work for you, we will do our best to accommodate you at another time.

UPCOMING BLOOD PRESSURE SCREENING (WALK-IN – NO APPOINTMENT):

- **NSHD Shorewood Office:** 2010 E Shorewood Blvd.
4th Wednesday of the month from 3:30 p.m. to 4:30 p.m.
- **Lydell Community Center:** There will be no blood pressure clinics at Lydell in June, July, or August. They will resume in the fall: Sep 21, Oct 19, Nov 16, Dec 21.
- **Lois & Tom Dolan Community Center:** 4355 W. Bradley Rd, Brown Deer. 1st Wednesday of the month from 12:30 p.m. - 1:15 p.m. There is no clinic in July or August. They will resume in the fall: Sep 7, Oct 5, Nov 2, Dec 7.

Please visit our website for up-to-date information about BP Screenings: www.nshealthdept.org/Clinics

COVID-19 INFORMATION

COVID-19 VACCINATIONS AT NSHD:

Call 414-371-2980 to schedule an appointment.

➤ **Pfizer (12+ years):**

Thursday, June 16th • 11am-2pm in Shorewood
Wednesday, June 22nd • 9am-12pm in Brown Deer
Wednesday, June 29th • 9am-12pm in Brown Deer

➤ **Pediatric Pfizer (5-11 years) Boosters**

We have no pediatric COVID vaccine clinics scheduled at this time. Check our website for updates. Find other vaccine locations at <https://www.vaccines.gov/>.



nshealthdept.org • (414) 371-2980

Follow us on social media and visit our website for health information and updates



RESOURCES

1. [Press Release: Gov. Evers Announces Progress Pride Flag to be Flown Statewide in Celebration of Pride Month](#)
2. [060122 Proclamation LGBTQ Pride Month](#)
3. [Pride and Mental Health | Mental Health America \(mhanational.org\)](#)
4. <https://transstudent.org/gender/>
5. [CDC - Bed Bugs](#)
6. [Head and Neck Cancers | CDC](#)
7. [Elder Abuse | Violence Prevention | Injury Center | CDC](#)