



2023 NORTH SHORE HEALTH DEPARTMENT HEALTHY HIGHLIGHTS

Serving the communities of Bayside, Brown Deer, Fox Point, Glendale, River Hills, Shorewood and Whitefish Bay

June 28, 2023: "Safety Tips for Outdoor Grilling"

IT'S GRILLING SEASON!



Summer is here, and it's time to safely fire up those grills and enjoy delicious meals with the family. However, before you embark on your outdoor cooking adventures, it's essential to prioritize safety. Below are safety tips to help grill accident-free.

CHOOSE THE RIGHT LOCATION Find a safe outdoor area for your grill away from buildings, trees, and anything that can catch fire easily. Keep it on a flat surface, like a patio or deck, and far from flammable materials.

CLEAN AND CHECK Maintaining a clean grill is not only hygienic but also reduces the risk of flare-ups. Regularly remove grease or fat buildup from the grates and trays beneath the grill. This simple step prevents potential fires caused by grease ignition. Also, check for any damage or loose parts that may cause any problems.

LIGHT IT UP SAFE Follow the manufacturer's instructions when lighting the grill. Use long matches or a long-reach lighter to avoid getting too close to flames. Never use flammable liquids or gasoline but instead use charcoal or liquid starters designed for grilling to start the fire.

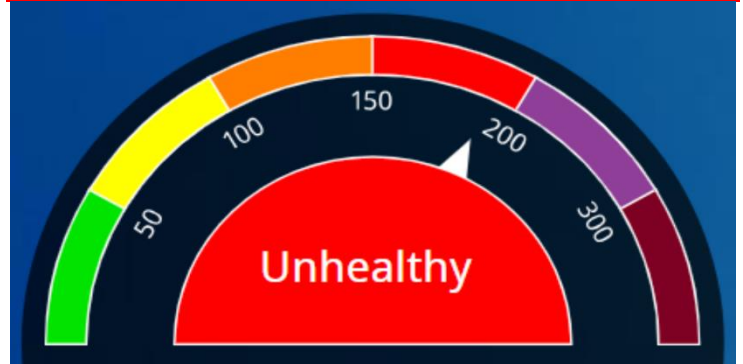
KEEP THE GRILL 3 FEET AWAY To maintain a safe grilling environment, position your grill a minimum of three feet away from your home, deck railings, and any overhanging branches.

STAY CLOSE AND WATCH Never leave a grill unattended, which can quickly become a fire hazard, endangering lives, and property. Keep an eye on your grill at all times, especially if there are kids or pets around.

EXTINGUISH THE FIRE In case of a grease fire, use baking soda to control it. Have a fire extinguisher nearby. If you don't have one, keep a bucket of sand or a garden hose nearby as another way to stop a fire.

EVACUATE AND RE-LIGHT If you ever smell gas while cooking, evacuate the area and call the fire department right away. Refrain from moving the grill and, if the flame goes out, wait for at least five minutes before attempting to re-light to reduce the chance of sudden flare-ups.

AIR QUALITY LEVELS



The Wisconsin Department of Natural Resources has issued an Air Quality Advisory for PM 2.5 for Milwaukee County due to smoke originating from the Canadian wildfires. The Air Quality Index (AQI) is currently in the UNHEALTHY category and will potentially reach the VERY UNHEALTHY category. The alert is in effect until noon on Thursday, June 29. The heaviest impact is expected to occur from noon today, June 27, through noon Wednesday, June 28. PM 2.5 refers to fine particulate matter, which can pose health risks when inhaled.

[NSHD Air Quality Press Release 6-27-2023](#)

It is crucial to remain vigilant and take necessary precautions to protect your health during this period of elevated PM 2.5 levels. Monitor air quality levels at www.airqualitynow.gov.

COMMUNITY HEALTH ASSESSMENT

Last summer NSHD focused event outreach on the 2022 North Shore Community Health Assessment survey. This summer, learn more about the results of the recently published 2022-2026 North Shore Community Health Assessment. Visit our website or scan the QR code below to find out more!

Check out our newly published
**NORTH SHORE
COMMUNITY HEALTH
ASSESSMENT
2022-2026**

Scan the QR Code



See the results from our community survey and interviews of key stakeholders.



Available on our website: www.nshealthdept.org

NORTH SHORE HEALTH DEPARTMENT

JUNE 2023 NEWSLETTER

DO YOU KNOW YOUR TICKS?

Blacklegged Tick American Dog Tick Lone Star Tick

Learn more: dhs.wisconsin.gov/tick/bite-prevention.htm

LEARN HOW TO PROTECT YOURSELF FROM TICKS THIS SUMMER

AND MOSQUITOES TOO!

NATIONAL HEALTHY HOMES MONTH

June

JUNE IS HEALTHY HOMES MONTH

READ OUR NEWSLETTER TO LEARN MORE

AIR QUALITY INDEX

STAY UPDATED ON AIR QUALITY ALERTS

SIGN UP FOR ALERTS

NORTH SHORE HEALTH DEPARTMENT

Read our June 2023 Newsletter with exciting updates: ow.ly/qMZr50OVamB Take our survey to give input on planning a new parent social group! Stay safe with tick and mosquito bite prevention tips and celebrate Healthy Homes Month with advice on creating a healthy living environment.

NSHD HAPPENINGS

If you see us at a community event this summer, be sure to stop by and say hi! This summer one of our community outreach topics is tick awareness, and we plan to have free tick kits with us!

DO YOU KNOW YOUR TICKS?

<p>Blacklegged Tick</p> <p>Adult Female</p> <p>Adult Male</p>	<p>American Dog Tick</p> <p>Adult Female</p> <p>Adult Male</p>	<p>Lone Star Tick</p> <p>Adult Female</p> <p>Adult Male</p>
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Learn more:

dhs.wisconsin.gov/tick/bite-prevention.htm

NALOXONE TRAINING

NSHD OFFERS FREE COMMUNITY NALOXONE (NARCAN) AND TRAINING. Please scan the QR code below or [CLICK HERE](#) to register for a time to be trained.

NARCAN is available

at North Shore Health Department

NARCAN® Direct Program

SCAN ME

SCAN THE QR CODE to schedule a time to stop in for training & to receive Narcan.

Walk-ins are also welcome!

NARCAN is available at both offices:

Brown Deer office

4800 W Green Brook Dr.

Shorewood office

2010 E Shorewood Blvd.

Open Mon-Fri 8AM-430PM

Want to learn more about Narcan?

Scan the QR code to visit Dose of Reality: Safer Use/Harm Reduction

Follow us on social media for updates on future community NARCAN trainings and distribution events.

nshealthdept.org • (414) 371-2980

BOATING SAFETY

Gear up for a responsible and fun boating season by following safe boating practices! Wear a U.S. Coast Guard approved, properly fitting life jacket while boating. Check out the [WI DNR website](https://www.dnr.wisconsin.gov/wi-dnr) for life jacket safety tips.

TODAY'S SAFE BOATING TIP

Which life jacket is right for you?

WEAR IT

NORTH SHORE HEALTH DEPARTMENT

nshealthdept.org • (414) 371-2980

Follow us on social media and visit our website for health information and updates!



RESOURCES AND REFERENCES

1. <https://www.nfpa.org/Public-Education/Fire-causes-and-risks/Seasonal-fire-causes/Grilling>