



NORTH SHORE

HEALTH DEPARTMENT

HEALTHY HIGHLIGHTS 2022

Serving the communities of Bayside, Brown Deer, Fox Point, Glendale, River Hills, Shorewood and Whitefish Bay

May 25th, 2022: Social Determinants of Health

Social Determinants of Health

Social Determinants of Health (**SDOH**) are the conditions or factors in the environment where people live, work, and play that affect whether individuals can obtain their maximum health potential. **SDOH** also contribute to wide health disparities and inequities. For example, people who don't have access to grocery stores with healthy foods are less likely to have good nutrition. That raises their risk of health conditions like heart disease, diabetes, and obesity, and even lowers life expectancy relative to people who do have access to healthy foods.

SDOH can be broken down into 5 different categories: **Economic Stability, Education Access and Quality, Healthcare Access and Quality, Neighborhood and Built Environment, and Social and Community Context.**

Examples of **SDOH** include, but are not limited to:

- Safe housing and neighborhoods
- Transportation
- Racism and discrimination
- Violence
- Education, job opportunities, and income
- Unemployment and job insecurity
- Polluted air and water
- Language and literacy skills
- Income and social protection
- Food Insecurity

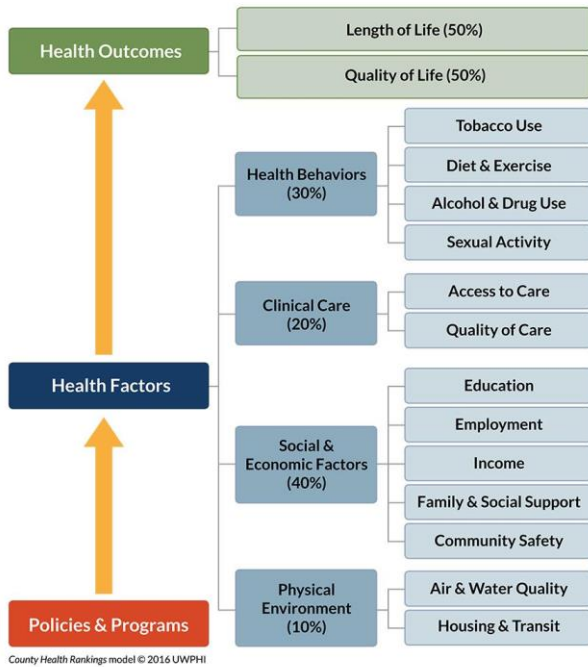
Social Determinants of Health



Social Determinants of Health
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Healthy People 2030

Research shows that the social determinants are more important than health care or lifestyle choices in influencing health. For example, numerous studies suggest that **SDOH** account for between 30-55% of health outcomes. In addition, estimates show that the contribution of sectors outside health to population health outcomes exceeds the contribution from the health sector.



County Health Rankings Model:

<https://www.countyhealthrankings.org/explore-health-rankings/measures-data-sources/county-health-rankings-model>

Just promoting healthy choices won't eliminate these and other health disparities. Instead, public health organizations and their partners in sectors like education, transportation, and housing need to take action to improve the conditions in people's environments.

Learn more about SDOH:

<https://health.gov/healthypeople/priority-areas/social-determinants-health>

Older Americans Month – Aging in Place

Data from a 2021 study from AARP shows that 77% of adults over 50 would prefer to grow older in their current home rather than move to an assisted living or long-term care facility. This is known as “aging in place.” Older adults who age in place are happier and more independent. They also remain more socially engaged in their communities because they have access to the resources and social networks of their choice. If you're one of the 77% of people who want to age in place, you can find resources for programs and services available in Wisconsin to help you. Visit dhs.wisconsin.gov/aging to get started.

WHAT HAS NSHD BEEN WORKING ON?

READ THE

NORTH SHORE HEALTH DEPARTMENT

MONTHLY REPORT

APRIL 2022

THIS REPORT HIGHLIGHTS THE WORK DONE IN EACH OF OUR FOUR PRIORITY AREAS OVER THE PAST MONTH, AS WELL AS OTHER IMPORTANT WORK AND ACTIVITIES DONE BY OUR DEPARTMENT.

OUR 4 PRIORITY AREAS

MENTAL & EMOTIONAL WELLBEING
For a Healthy North Shore

SUBSTANCE-FREE LIVING
For a Healthy North Shore

INJURY PREVENTION
ACROSS THE LIFESPAN
For a Healthy North Shore

PHYSICAL ACTIVITY and NUTRITION
For a Healthy North Shore

The goal of these monthly reports is to showcase the work being done at the North Shore Health Department and to increase transparency with community leaders, partners, elected officials, and the public.



[READ OUR APRIL 2022 MONTHLY REPORT](#)

NOTABLE HEALTH DAYS

Among the notable health observances in May are:

- No Tobacco Day: May 31: [World No Tobacco Day](#)
- [Lyme Disease Awareness Month](#)

LYME DISEASE AWARENESS MONTH

Protect Yourself From Tick Bites



Cover as much of your body as possible; ideally, wear long sleeves and pants, and tuck shirts into pants and pants into socks.

Walk in the center of trails where grass and vegetation are mowed.

Wear light-colored clothing so ticks are easier to spot and remove quickly.

Use an EPA-registered insect repellent when you head outdoors. You can also treat your clothes in advance with permethrin.

Throw your clothes in the dryer for 10 minutes on high heat when you arrive home after being outside.

Always check yourself, children, and pets for ticks, especially behind the knees, under armpits, around the hairline and ears, and at the waist.



BLOOD PRESSURE & IMMUNIZATION CLINICS

IMMUNIZATIONS (APPOINTMENT REQUIRED):

We provide vaccinations for individuals who are underinsured or uninsured, including infant and child routine immunizations and those required for school.

Please call 414-371-2980 to find out what vaccines we have available and to make an appointment:

Brown Deer Office

1st Tuesday of the month • 7:30-9am
3rd Tuesday of the month • 3:30-5pm

Shorewood Office

2nd Wednesday of the month • 3:30-5pm
4th Wednesday of the month • 7:30-9am

If these days/times do not work for you, we will do our best to accommodate you at another time.

UPCOMING BLOOD PRESSURE SCREENING (WALK-IN – NO APPOINTMENT):

- **NSHD Shorewood Office:** 2010 E Shorewood Blvd. 4th Wednesday of the month from 3:30 p.m. to 4:30 p.m.
- **Lydell Community Center:** There will be no blood pressure clinics at Lydell in June, July, or August. They will resume in the fall: Sep 21, Oct 19, Nov 16, Dec 21.
- **Lois & Tom Dolan Community Center:** 4355 W. Bradley Rd, Brown Deer. 1st Wednesday of the month from 12:30 p.m. - 1:15 p.m. **Wednesday, June 1** is the next blood pressure clinic at Dolan Community Center. There is no clinic in July or August. They will resume in the fall: Sep 7, Oct 5, Nov 2, Dec 7.

Please visit our website for up-to-date information about BP Screenings: www.nshealthdept.org/Clinics

COVID-19 INFORMATION

COVID-19 VACCINATIONS AT NSHD:

Pfizer (12+ years):

Tuesday, May 31st from 9am-11am in Brown Deer
Thursday, June 16th from 11am-2pm in Shorewood
Wednesday, June 22nd from 9am-12pm in Brown Deer
Wednesday, June 29th from 9am-12pm in Brown Deer

Pediatric Pfizer (5-11 years) Boosters - [DHS Recommendation for 5-11 y/o Boosters:](#)

Thursday, May 26th from 3:30pm-5pm in Shorewood
Thursday, June 2nd from 3:30pm-5:30pm in Brown Deer
Please call 414-371-2980 to schedule an appointment.

COVID-19: Testing Support for Camps

Wisconsin DHS is pleased to support COVID-19 testing in recreational, educational, and day camps. Free and convenient COVID-19 testing services are available for camps:

- COVID-19 testing is free of charge. COVID-19 testing supplies, specimen transport, diagnostics & reporting are available to camps.
- COVID-19 testing is safe and accurate. Camps can choose to offer laboratory-based testing or point-of-care antigen tests for their campers and staff/volunteers. Both provide reliable results.

Learn more and complete the necessary steps to test at your camp: www.dhs.wisconsin.gov/covid-19/testing-camps.htm



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nshealthdept.org • (414) 371-2980

Follow us on social media and visit our website for health information and updates



RESOURCES

1. <https://www.cdc.gov/socialdeterminants/index.htm>
2. <https://health.gov/healthypeople/priority-areas/social-determinants-health>
3. https://www.who.int/health-topics/social-determinants-of-health#tab=tab_1
4. dhs.wisconsin.gov/aging