



NORTH SHORE

HEALTH DEPARTMENT

HEALTHY HIGHLIGHTS 2022

Serving the communities of Bayside, Brown Deer, Fox Point, Glendale, River Hills, Shorewood and Whitefish Bay

April 6th, 2022: National Public Health Week

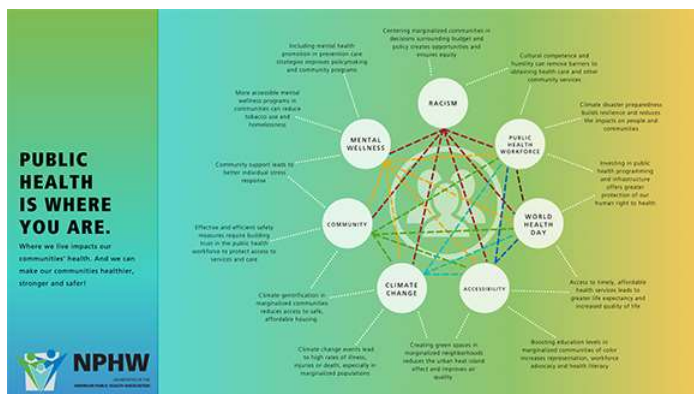


APRIL 4-10, 2022
PUBLIC HEALTH IS WHERE YOU ARE

This year, National Public Health Week focuses on ways we can come together and “focus on inclusion and equity to ensure decisions are made with everyone's health in mind, we can build healthier communities and, eventually, the healthiest nation.” This week, join us in celebrating the power of partnership and community. And, be sure to check out our social media each day to learn about public health in the community, staff and operations.



This year, [National Public Health Week](#) focuses on ways we can come together and “focus on inclusion and equity to ensure decisions are made with everyone's health in mind, we can build healthier communities and, eventually, the healthiest nation”. By tackling the underlying causes and conditions of poor health and disease risk, where we work, live, play and learn, we can work to close gaps in health inequities and ensure everyone has a chance at a long and healthy life. **#thankyoupublichealth**



RECOVERY IN THE COMMUNITY

***“We Love You: Recovery in Our Community”
Conference in Oshkosh.***

Public Health Nurse, Kala Nygren, attended the *We Love You: Recovery in the Community* event in Oshkosh last Wednesday. This event focused on breaking the silence, reducing stigma, and saving lives revolving around addiction. The program included keynote speaker Lauren Sisler, with breakout sessions that followed. The event also allowed for networking with local organizations and services in the community.

Kala hopes to incorporate what she learned with the North Shore Community and through her coordination of the North Shore Fatality Review. She shared with the department that the quilt of Wisconsin residents who have struggled with substance use and/or recovery. Each color square represents a different stage of an individual's recovery, including those who are faltering with recovery, currently struggling with substance use and life lost to substance use. She appreciated meeting Griffin the support dog at the event as substance use disorder and misuse can be a very challenging topic to discuss, especially when hearing firsthand accounts from those in different stages of recovery and/or use.



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WHAT HAS NSHD BEEN WORKING ON?

We are excited to announce our new Health Officer - Becky Rowland, MPH, MBA

Public health work is Becky's life's work. She adopts a relational approach in her practice, building strong relationships with clients, constituents, and teams. She is deeply committed to supporting individuals to live their best lives, while mindfully stewarding resources to make the most impact. Her career, although always rooted in her desire to serve, has moved from the nighttime streets (harm reduction, and youth outreach) to clinical settings (HIV, clinical research, and LGBT+ Health) to local government health departments (City of Evanston, City of Milwaukee).

Born and raised in Chicago, Becky currently lives in Cedarburg, Wisconsin. She earned her Master's of Public Health in 2016 and her Master's of Business Administration in 2020. She is married to her best friend (Camm), loves sewing, reading, gardening, her huge extended family, and getting her butt kicked in all games by her kiddos—Wynn (age 9) and Calla (age 7.5).

READ OUR SPRING NEWSLETTER

FOR SPRING HEALTH & WELLNESS INFORMATION, TO LEARN ABOUT LOCAL EVENTS, AND TO STAY UPDATED ON THE WORK OUR DEPARTMENT IS DOING IN THE COMMUNITY.



DEAF HISTORY MONTH

March 13th to April 15th: The purpose of Deaf History Month is to promote a greater understanding of the deaf and hard of hearing community.

Key events impacting the deaf community that occurred in American history:

1. April 15th, 1817: the first public school was opened, American School for the Deaf.
2. April 8th, 1864: the world's first higher education institution was founded for the education of the deaf and hard of hearing, Gallaudet University.
3. March 13, 1996: two deaf employees working at Martin Luther King, Jr. Memorial Library in Washington, D.C. started teaching their colleagues sign language. In response, the library created deaf awareness week, quickly evolving into a month-long event, Deaf History Month.

There is no universal sign language, and it is estimated there are close to 300 different sign languages around the world. Each variation of sign language may vary by region, rhythm of signing, slang and signs used. As with spoken language, there may be differences in phrases or terms used, between sign languages that non-sign language users may be perceived as similar. For example, American Sign Language (ASL) is different from British Sign Language (BSL). Americans who know ASL may not understand BSL while Britons who know BSL may not understand ASL. Sign language variety and usage can also be affected by sociological factors, such as age or gender.

American Sign Language (ASL) is one form of sign language and is NOT the same as English.

ASL is a completely different and separate language from English with all its own fundamental language features:

- Rules for pronunciation, word formation, and word order.
- Ways of signaling different functions, such as asking a question versus conveying excitement. ASL users signal with their faces and bodies; ASL users ask a question by raising their eyebrows, widening their eyes, and tilting their bodies forward. English speakers vary their voice.
- Additionally, pronouns in ASL do not have assigned gender, unless gendered is mentioned in context.

Are you interested in learning sign language? Talk to your local librarian! Many local libraries subscribe to continuing education services that allow library users to learn about new knowledge areas, topics, skills, and languages.

NOTABLE APRIL HEALTH DAYS

Among the notable health observances in April are [National Minority Health Month](#), [National Public Health Week](#), [STD Awareness Week](#) and [World Immunization Week](#)

BLOOD PRESSURE & IMMUNIZATION CLINICS

IMMUNIZATIONS (NON-COVID, APPOINTMENT REQUIRED):

We provide vaccinations for individuals who are underinsured or uninsured, including infant and child routine immunizations and those required for school. Please call 414-371-2980 to find out what vaccines we have available and to make an appointment during immunization clinic hours:

Brown Deer Office

1st Tuesday of the month • 7:30-9am

3rd Tuesday of the month • 3:30-5pm

Shorewood Office

2nd Wednesday of the month • 3:30-5pm

4th Wednesday of the month • 7:30-9am

If these days/times do not work for you, we will do our best to accommodate you at another time.

UPCOMING BLOOD PRESSURE SCREENING (WALK-IN – NO APPOINTMENT):

- **NSHD Shorewood Office:** 2010 E Shorewood Blvd. 4th Wednesday of the month from 3:30 p.m. to 4:30 p.m.
- **Lydell Community Center:** 5205 N Lydell Ave, Whitefish Bay. 1:00 p.m. – 2:00 p.m. April 20
- **Lois & Tom Dolan Community Center:** 4355 W. Bradley Rd, Brown Deer. 1st Wednesday of the month from 12:30 p.m. - 1:15 p.m.

Please visit our website for up-to-date information about BP Screenings: www.nshealthdept.org/Clinics

COVID-19 INFORMATION

COVID-19 VACCINATIONS:

The [FDA authorized](#) a second booster dose of either the Pfizer-BioNTech or the Moderna COVID-19 vaccines for older people and certain immunocompromised individuals. We need to wait for additional authorization from [ACIP](#) and WI DHS before we are able to begin administering second booster doses at the North Shore Health Department. Please continue to [check our website](#) for updates.



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nshealthdept.org • (414) 371-2980

Follow us on social media and visit our website for health information and updates



RESOURCES

1. [National Public Health Week](#)
2. <https://www.nphw.org>
3. [National Minority Health Month 2022 \(hhs.gov\)](#)
4. [World Immunization Week 2022 \(who.int\)](#)
5. [Gendered Translations: Working from ASL into English \(unf.edu\)](#)
6. [Deaf, ASL, and Queer between Linear Spaces - Student Affairs - Ryerson University](#)
7. [Spatial referencing and pronouns in ASL sign language \(handspeak.com\)](#)