



# NORTH SHORE

## HEALTH DEPARTMENT

### HEALTHY HIGHLIGHTS 2022

Serving the communities of Bayside, Brown Deer, Fox Point, Glendale, River Hills, Shorewood and Whitefish Bay

## April 20<sup>th</sup>, 2022: National Drug Take Back Day

**National Prescription Drug Take Back Day is coming up on April 30, 2022.**

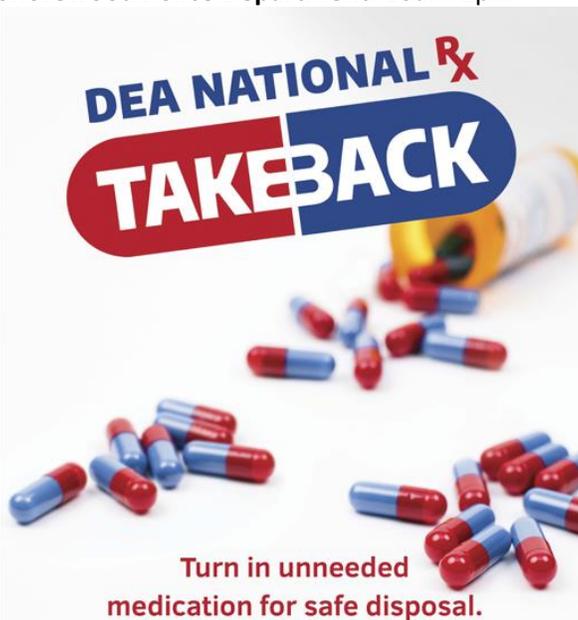
The National Prescription Drug Take Back Day aims to provide a safe, convenient, and responsible means of disposing of prescription drugs, while also educating the general public about the potential for abuse of medications. Turn in unneeded medication for safe disposal. [Find a disposal location near you.](#)

**Take Back locations in the North Shore on 4/30/22:**

Bayside Village Community Center: 10am-2pm

Whitefish Bay Police Department: 10am-2pm

Shorewood Police Department: 10am-2pm



Keep them safe. Clean them out. Take them back.

Visit [DEATakeBack.com](http://DEATakeBack.com) for a collection site near you.



## National Infant Immunization Week

While infant immunizations are a daily part of routine vaccinations and well-child visits, the fourth week in April is National Infant Immunization Week (NIIW) serves as a reminder, highlighting the importance of protecting children two years and younger from 14 serious childhood diseases, like whooping cough (pertussis) and measles, that are vaccine-preventable diseases.

**On-time vaccination is critical to provide protection against potentially life-threatening diseases.**

- **Now is a great time to schedule well-child appointments and get caught up on routine vaccinations.** CDC and the American Academy of Pediatrics (AAP) recommend that children stay on track with their well-child appointments and routine vaccinations.
- **Vaccines are among the most successful and cost-effective public health tools available for preventing disease and death.** Vaccines help protect both individuals and communities by preventing and reducing the spread of infectious diseases. Among children born during 1994-2018, vaccination will prevent an estimated 419 million illnesses, 26.8 million hospitalizations, and 936,000 deaths over their lifetimes.
- **Vaccination is a shared responsibility** between families, healthcare, health professionals and public health, working together to protect the community.
- **Vaccines are safe.** The U.S. has a long-standing vaccine safety system that ensures vaccines are as safe as possible. As new information and science become available, vaccine recommendations are monitored, updated, and improved.

## EXCESSIVE ALCOHOL USE AWARENESS MONTH

Caring adults in the life of children and adolescents can impact and influence choices made, particularly about underage drinking. Think kids won't listen? **THINK AGAIN.**

[Wisconsin Department of Health Services \(WDHS\): Small Talks](#) is a great resource on ways to talk to children and adolescents regarding underage drinking.



Milwaukee County Department of Aging provides Dementia education focusing on Let's Talk Brain Health, Caring for the Caregiver and Dementia 201. To learn more [visit this link](#).

## WHAT HAS NSHD BEEN WORKING ON?



Our Public Health Specialist recently attended the Preparedness Summit in Atlanta. The Preparedness Summit, *Reimagining Preparedness in the Era of COVID-19*, provided an opportunity to reflect on lessons learned from current and previous emergency responses, and highlighted tools and resources that we can apply in the future.

## NOTABLE HEALTH DAYS

Among the notable health observances in April are:

- [STI \(Sexually Transmitted Infections\) Awareness Month](#)
- [World Hemophilia Day](#) (April 17)
- [World Meningitis Day](#) (April 24)



*You are not alone.*

The National Suicide Prevention Lifeline provides help to individuals in emotional distress or experiencing a suicidal crisis through a national network of 200 crisis centers.

- ✓ **The Lifeline can be reached at its current number - 1-800-273-8255.**
- ✓ **As of July 16, 2022, a new three-digit phone number, 988, will ALSO become available nationwide for people experiencing suicidal, mental health, and/or substance abuse crises or those helping a loved one**
- ✓ **988 will be able to accept calls, texts, or chats.**
- ✓ **People may continue to use the longer number if they would like, as 988 will simply provide an easier way for people to access the Lifeline crisis call centers and link to network resources. [Read more about 988](#)**



## BLOOD PRESSURE & IMMUNIZATION CLINICS

### IMMUNIZATIONS (NON-COVID, APPOINTMENT REQUIRED):

We provide vaccinations for individuals who are underinsured or uninsured, including infant and child routine immunizations and those required for school. Please call 414-371-2980 to find out what vaccines we have available and to make an appointment during immunization clinic hours:

#### **Brown Deer Office**

1st Tuesday of the month • 7:30-9am  
3rd Tuesday of the month • 3:30-5pm

#### **Shorewood Office**

2nd Wednesday of the month • 3:30-5pm  
4th Wednesday of the month • 7:30-9am

*If these days/times do not work for you, we will do our best to accommodate you at another time.*

### UPCOMING BLOOD PRESSURE SCREENING (WALK-IN – NO APPOINTMENT):

- **NSHD Shorewood Office:** 2010 E Shorewood Blvd. 4th Wednesday of the month from 3:30 p.m. to 4:30 p.m.
- **Lydell Community Center:** 5205 N Lydell Ave, Whitefish Bay. 1:00 p.m. – 2:00 p.m. *Dates TBD.*
- **Lois & Tom Dolan Community Center:** 4355 W. Bradley Rd, Brown Deer. 1st Wednesday of the month from 12:30 p.m. - 1:15 p.m.

Please visit our website for up-to-date information about BP Screenings: [www.nshealthdept.org/Clinics](http://www.nshealthdept.org/Clinics)

## COVID-19 INFORMATION

### COVID-19 VACCINATIONS:

Thursday, May 5th from 11am-2pm in Shorewood  
Tuesday, May 17th from 9am-12pm in Brown Deer  
Thursday, May 19th from 11am-2pm in Shorewood

**Please call 414-371-2980 to make an appointment.**

**APRIL 2022**

**EVER MON. WED. & FRI. 10AM - 4PM**

**EVERY SATURDAY 9AM - 12PM**

**Health CONNECTIONS**

**COVID** MILWAUKEE COUNTY OFFICE OF HEALTH

**FREE COMMUNITY COVID TESTING & VACCINATION TENT**

**1301 W. HAMPTON GLENDALE, WI 53209**

**MILWAUKEE COUNTY LINCOLN PARK PAVILION LOT**

**WWW.HEALTHCONNECTMKE.ORG**



**NORTH SHORE HEALTH DEPARTMENT**

[nshealthdept.org](http://nshealthdept.org) • (414) 371-2980

Follow us on social media and visit our website for health information and updates



### RESOURCES

1. [Dose of Reality: Drug Take Back Day | Wisconsin Department of Health Services](#)
2. [National Prescription Drug Take Back Day \(usdoj.gov\)](#)
3. [Take Back Day \(dea.gov\)](#)
4. [National Infant Immunization Week \(NIIW\) | CDC](#)
5. [Small Talks: How WI Prevents Underage Drinking | Wisconsin Department of Health Services](#)
6. [988 Key Messages | SAMHSA](#)
7. [988 Suicide and Crisis Lifeline | SAMHSA](#)
8. [988 America's Suicide Prevention and Mental Health Crisis Lifeline \(samhsa.gov\)](#)