



NORTH SHORE

HEALTH DEPARTMENT

HEALTHY HIGHLIGHTS 2022

Serving the communities of Bayside, Brown Deer, Fox Point, Glendale, River Hills, Shorewood and Whitefish Bay

April 27th, 2022: Safety and Health at Work

World Day for Safety and Health at Work

is an annual international campaign to promote safe, healthy and decent work. All workers should be afforded the right to a safe and healthy work environment.



Common Hazards at Work: Chemicals; radiation; loud noise; long working hours, shift work, or irregular work schedules; lifting, bending, and standing; extreme heat and cold exposure; physical stress or injury from repetitive motion; and vibration injuries.

Workers have the right to:

- Work in a safe place and receive safety training in a language that you understand.
- Ask questions if you don't understand instructions or if something seems unsafe.
- Use and be trained on required safety gear, such as hard hats, goggles, and earplugs.
- File a complaint with the Occupational Safety and Health Administration (OSHA). To file a confidential complaint about workplace hazards, visit the [OSHA website](https://www.osha-slc.gov).

Wisconsin Workplace Safety and Health Information for Workers: [WI DHS Website](https://www.dhs.gov/wisconsin-workplace-safety)

This Saturday, April 30, 2022 is National Prescription Drug Take Back Day.

The National Prescription Drug Take Back Day aims to provide a safe, convenient, and responsible means of disposing of prescription drugs, while also educating the general public about the potential for abuse of medications. Turn in unneeded medication for safe disposal. [Find a disposal location near you.](#)

Take Back locations in the North Shore on 4/30/22:

Bayside Village Community Center: 10am-2pm

Whitefish Bay Police Department: 10am-2pm

Shorewood Police Department: 10am-2pm



REMINDER

Drug Take Back Day is April 30, 2022

PRESCRIPTION AND OVER-THE-COUNTER MEDICATIONS MAY BE DISPOSED OF AT DRUG TAKE BACK DAY COLLECTION SITES, INCLUDING:

CAPSULES, CREAMS, INHALERS, NON-AEROSOL SPRAYS, OINTMENTS, PILLS, PATCHES & VIALS.



[WWW.DHS.WISCONSIN.GOV/OPIOIDS/
DRUG-TAKE-BACK-DAY](https://www.dhs.wisconsin.gov/opioids/drug-take-back-day)

EXCESSIVE ALCOHOL USE AWARENESS MONTH

Caring adults in the life of children and adolescents can impact and influence choices made, particularly about underage drinking. Think kids won't listen? **THINK AGAIN.**

[Wisconsin Department of Health Services \(WDHS\): Small Talks](#) is a great resource on ways to talk to children and adolescents regarding underage drinking.



NOTABLE HEALTH DAYS

Among the notable health observances in April are:

- World Malaria Day was on April 25: [World Malaria Day \(who.int\)](#)
- World Day for Safety & Health: [World Day for Safety and Health at Work | United Nations](#)

MENTAL HEALTH RESOURCES

You are not alone.

The National Suicide Prevention Lifeline provides help to individuals in emotional distress or experiencing a suicidal crisis through a national network of 200 crisis centers.

- ✓ **The Lifeline can be reached at its current number - 1-800-273-8255.**
- ✓ **As of July 16, 2022, a new three-digit phone number, 988, will ALSO become available nationwide for people experiencing suicidal, mental health, and/or substance abuse crises** or those helping a loved one
- ✓ **988** will be able to accept calls, texts, or chats.
- ✓ People may continue to use the longer number if they would like, as **988** will simply provide an easier way for people to access the Lifeline crisis call centers and link to network resources. [Read more about 988](#)



BLOOD PRESSURE & IMMUNIZATION CLINICS

IMMUNIZATIONS (NON-COVID, APPOINTMENT REQUIRED):

We provide vaccinations for individuals who are underinsured or uninsured, including infant and child routine immunizations and those required for school. Please call 414-371-2980 to find out what vaccines we have available and to make an appointment during immunization clinic hours:

Brown Deer Office

1st Tuesday of the month • 7:30-9am
3rd Tuesday of the month • 3:30-5pm

Shorewood Office

2nd Wednesday of the month • 3:30-5pm
4th Wednesday of the month • 7:30-9am

If these days/times do not work for you, we will do our best to accommodate you at another time.

UPCOMING BLOOD PRESSURE SCREENING (WALK-IN – NO APPOINTMENT):

- **NSHD Shorewood Office:** 2010 E Shorewood Blvd. 4th Wednesday of the month from 3:30 p.m. to 4:30 p.m.
- **Lydell Community Center:** 5205 N Lydell Ave, Whitefish Bay. 1:00 p.m. – 2:00 p.m. **dates**
- **Lois & Tom Dolan Community Center:** 4355 W. Bradley Rd, Brown Deer. 1st Wednesday of the month from 12:30 p.m. - 1:15 p.m.

Please visit our website for up-to-date information about BP Screenings: www.nshealthdept.org/Clinics



nshealthdept.org • (414) 371-2980

Follow us on social media and visit our website for health information and updates



RESOURCES

1. **World Day for Safety and Health at Work Image**
Source: vajiramias.com/current-affairs/world-day-for-safety-and-health-at-work
2. [Workplace Safety and Health Information for Workers | Wisconsin Department of Health Services](#)
3. [File a Complaint | Occupational Safety and Health Administration \(osha.gov\)](#)
4. [National Prescription Drug Take Back Day \(usdoj.gov\)](#)
5. [Take Back Day \(dea.gov\)](#)
6. [Small Talks: How WI Prevents Underage Drinking | Wisconsin Department of Health Services](#)
7. [MilwaukeeRec2022DementiaPresentations.pdf](#)
8. [Milwaukee County Department on Aging](#)
9. [988 Key Messages | SAMHSA](#)
10. [988 Suicide and Crisis Lifeline | SAMHSA](#)
11. [988 America's Suicide Prevention and Mental Health Crisis Lifeline \(samhsa.gov\)](#)