April 26, 2023: Safety and Health at Work

April 28, 2023 is World Day for Safety and Health at Work. *Workplace safety is important for all workers.*

Workers have the right to a safe and healthy workplace. Safe and healthy work environments are important. Creating a safe and healthy workplace is the key to reducing the number of work-related deaths, injuries, and illnesses.

- In 2019, 65,500 non-fatal work-related injuries and illnesses were reported by employers.
- The annual rate of inpatient work-related hospitalization per 100,000 employed persons is 43.7%
- The annual number of establishments that were inspected by the Occupational Safety and Health Administration (OSHA) in 2019 was 1.220 but the total number pf OSHA-covered establishments that are eligible for inspection is 164,283 (excluding mines and farms).

Potential workplace hazards

There are many types of risks emerging in the workplace. They may include technologies like nanotechnology and biotechnology, new working conditions like high workloads or work intensification from downsizing, or higher rates of emerging forms of employment like working from home or self-employment. Work hazards may look different for the various job types and positions.

Workers should be aware of potential workplace health and safety hazards.

- Physical hazards include heat and cold stress, noise and hearing loss, working from heights, unguarded machinery and moving parts, and other machinery/equipment that can cause harm (saws, blades, forklifts, boilers, ovens).
- Hazards for office workers may include workstations or desks that are too high or too low, poor posture, inadequate lighting, confined spaces, and electrical hazards like frayed cords.
- Additionally, organizational hazards like unreasonable workload demands, high intensity, harassment, inflexibility, lack of respect, low level of social support, and workplace violence can have a negative impact on a worker's mental health and wellbeing.

There are several rights workers have in the workplace, they are:

1. The right to work in a safe place and receive. training in a language you understand.
2. The right to ask questions if you do not understand something or if something feels unsafe.
3. The right to file a complaint to OSHA.

Employers have requirements they must comply with:

1. Must provide a workplace free from serious hazards and must follow safety and health standards.
2. Must provide training about workplace hazards and required safety gear.
3. Must promote a safe and healthy workplace, including during COVID-19.

To file a confidential complaint or hazard about your workplace or employer, visit Occupational Safety and Health Administration (OSHA) website.

Every nine minutes, a teen in the U.S. gets injured on the job. Young workers have a higher risk of getting injured on the job. Review the Wisconsin Young Worker's Guide to learn the rights and restrictions for teen workers: Working Safe For Wisconsin Teens

WHAT HAS NSHD BEEN WORKING ON?

This past Saturday Aprill 22, the Whitefish Bay bike rodeo was canceled due to inclement weather. We are looking to reschedule some time during this summer. Keep an eye out for updates.

BLOOD PRESSURE CLINICS

Lydell Community Center: 5205 N Lydell Ave, Whitefish Bay. First Wednesday of the month from 9:45-10:30am; April 5, May 3

Lois & Tom Dolan Community Center: 4355 W. Bradley Rd, Brown Deer. On the first Wednesday of the month from 12:30-1:15pm: April 5, May 3

Please visit our website for up-to-date BP Screening information: *www.nshealthdept.org/Clinics*

Cultivating Resilience in Youth to Improve Their Mental Health & Well-Being!

On Tuesday, May 9, 2023, Whitefish Bay Public Library, in partnership with REDGen, is hosting a presentation by Jenny Strom (Director at North Shore Center), which "aims to help you as an adult understand the value of building resiliency skills in our youth".

To learn more and register visit: Cultivating Resilience in Youth to Improve Their Mental Health & Well-Being!

NORTH SHORE HEALTH DEPARTMENT
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Follow us on social media and visit our website for health information and updates!

RESOURCES AND REFERENCES

1. Workplace Safety and Health Information for Workers | Wisconsin Department of Health Services
2. 2019-ohi-wi.pdf (wisconsin.gov)
3. WORLD DAY FOR SAFETY AND HEALTH AT WORK - April 28, 2023 - National Today
4. World Day for Safety and Health at Work | United Nations