



2023 NORTH SHORE HEALTH DEPARTMENT HEALTHY HIGHLIGHTS

Serving the communities of Bayside, Brown Deer, Fox Point, Glendale, River Hills, Shorewood and Whitefish Bay

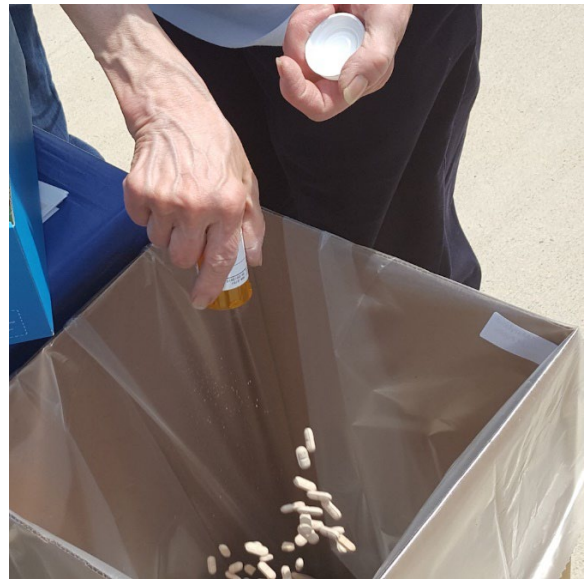
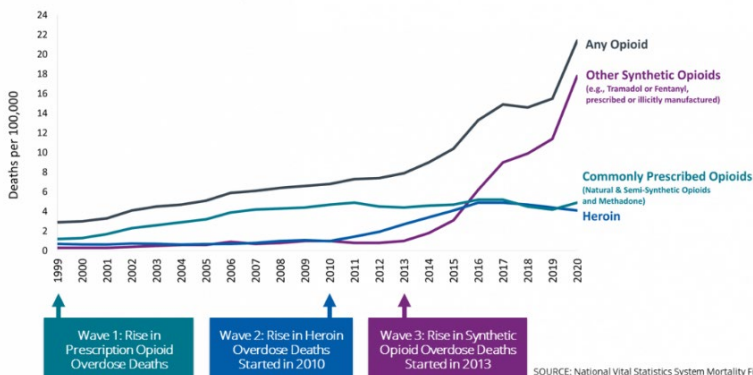
April 19, 2023: Prescription Drug Take Back

Drug Take Back Day. Drug Take Back Day is being held on April 22 this year. National Drug Take Back days are usually held twice a year by the U.S. Drug Enforcement Administration, once in April and another in October. These days are important to prevent prescription drugs from getting in the wrong hands and potentially leading to tragic ends. Drug overdose is still a pressing issue for the public's health and safety. To address that, Drug Take Back Day encourages the nation to remove unneeded medications from homes to prevent medication misuse and opioid addiction.

The Current Opioid Epidemic The opioid crisis was declared a public health emergency by the Department of Health and Human Services in 2017, yet it has been an issue since the 1990s. Now, opioids are involved in 75% of drug overdose deaths. Between 1999 and 2020, more than 564,000 people have died from opioid overdoses, including prescription and illicit opioids.

The rise of opioids has gone through three different waves since the 1990s. During the first wave in the 1990s, prescription overdose deaths contributed to most opioid deaths. Prescription opioids include natural, semi-synthetic, and methadone, which are all prescribed by doctors. 2010 marked the beginning of the second phase with a rise in heroin overdose deaths. The third wave, and current wave, was marked in 2013 with a rise in synthetic opioid overdose deaths. Synthetic opioids include illicitly made fentanyl and tramadol.

Three Waves of Opioid Overdose Deaths



How to Participate in Drug Take Back Day

Collection is fast and anonymous. Simply find a collection site near you and drop your items into a bin. You can bring prescription and over-the-counter medications to drop off, including:

- Capsules
- Creams
- Inhalers
- Non-aerosol sprays
- Ointments
- Patches
- Pills
- Vials

Liquids must be dropped off in their original containers, pet medications are accepted, and e-cigarette devices must have the batteries removed because they are highly flammable.

The following ARE NOT accepted:

- Aerosol cans
- Anything containing blood or a bodily fluid.
- Household hazardous waste (paint, pesticides, oil, gas)
- Illegal drugs
- Iodine containing medications.
- Mercury thermometers
- Personal care products (shampoo, soaps, lotions, sunscreens, etc.)

- Sharps/syringes
- Vape pens/e-cigarette devices with a built-in battery that cannot be removed.

Find a Collection Site Near You

[Dose of Reality: Drug Take Back Day | Wisconsin Department of Health Services](#)

If you are not free on April 22, find a permanent drug drop box near you:

[Dose of Reality: Permanent Drug Drop Boxes | Wisconsin Department of Health Services](#)

Previous National Take Back Day Results The last Drug Take Back was in October in 2022. Here is a summary of how it went.

- 4,340 total law enforcement participation
- 4,902 total collection sites across the country
- Total weight collected: 647,163 lbs.
- Total weight of all time (from 23 Take Back Days): 16,636,729 lbs.

WHAT HAS NSHD BEEN WORKING ON?

SPRING INTO SAFETY AT THE WHITEFISH BAY

BIKE RODEO

SATURDAY APRIL 22, 2023
11 AM - 2 PM
BRING YOUR BIKE AND HELMET
Helmetts are required.
Don't have one? Purchase one for \$12 or borrow from WFBPD.

JOIN
US!

- Bike safety information for parents and children, with bike safe activity stations
- Learn traffic laws, bike signals and bike safety at this family fun event!!
- Meet bike patrol officers and crossing guards
- Helmet fittings by North Shore Health Department
- Bike helmets available for purchase \$12
- Goodie bags! (while they last)



5205 N. LYDELL AVE, WHITEFISH BAY, WI, 53217
STREET PARKING ON LYDELL AVENUE & ENTER OFF LYDELL

Brought to you in by: North Shore Health Department, Whitefish Bay Police Department and Whitefish Bay Recreation and Community Education Department





BLOOD PRESSURE CLINICS

Lydell Community Center: 5205 N Lydell Ave, Whitefish Bay. First Wednesday of the month from 9:45-10:30am; April 5, May 3

Lois & Tom Dolan Community Center: 4355 W. Bradley Rd, Brown Deer. On the first Wednesday of the month from 12:30-1:15pm: April 5, May 3

Please visit our website for up-to-date BP Screening information: www.nshealthdept.org/Clinics

Drug Deactivation & Disposal Bags



FREE at North Shore Health Department offices:

Brown Deer Office
4800 W Green Brook Dr
Shorewood Office
2010 E Shorewood Blvd

Open 8am-4:30pm
Monday-Friday

Deactivates pills, patches, liquids, creams and films



Unused prescription drugs pose a risk of misuse and accidental poisoning, but improper disposal can harm the environment and contaminate our water supply. Deterra Pouches are a convenient, environmentally sound option for proper drug disposal right at home.

Learn about [Deterra Drug Deactivation & Disposal Bags](#)



NORTH SHORE HEALTH DEPARTMENT

nshealthdept.org • (414) 371-2980

Follow us on social media and visit our website for health information and updates!



RESOURCES AND REFERENCES

1. [Take Back Day \(dea.gov\)](http://dea.gov)
2. [Opioid Facts and Statistics | HHS.gov](http://HHS.gov)
3. [Opioid Data Analysis and Resources | Opioids | CDC](http://Opioids | CDC)
4. [Understanding the Opioid Overdose Epidemic | Opioids | CDC](http://Opioids | CDC)