



2023

NORTH SHORE HEALTH DEPARTMENT HEALTHY HIGHLIGHTS

Serving the communities of Bayside, Brown Deer, Fox Point, Glendale, River Hills, Shorewood and Whitefish Bay

February 22, 2023: Lead-in-WTR (Water Treatment and Remediation)

The **Lead-in-WTR Initiative** is a free, voluntary program for early childcare sites and Head Start Programs in the state of Wisconsin. The goal of the program is to sample and test a childcare site's water for lead and help them take action through faucet replacement or appropriate signage.

Why is it important to test for lead in water?

Some old pipes and fixtures (i.e. faucets or water fountains) may contain lead. Over time, this lead may seep into drinking water and, when consumed, enter the bloodstream. Unfortunately, infants and young children are especially susceptible to lead exposures and could develop health complications such as:

- **Behavior and learning problems**
- **Lower IQ and hyperactivity**
- **Slowed growth**
- **Hearing problems**
- **Anemia**
- **Speech and language impairment**

Since September 1st, 2022, the NSHD has been a direct coordinator of the Lead-in-WTR Initiative in the North Shore on behalf of the Wisconsin Department of Health Services.

As of February 2023, there have been a total of 11 childcare site who have voluntarily participated in the **FREE** initiative.

Below is a list of childcare sites in the North Shore that chose to participate.

THANK YOU

Carpenters Shop
Casa de Corazon
Community Preschool of Whitefish Bay
North Shore Preschool and Childcare
Once Upon A Preschool
Schlitz Audubon Nature Preschool
St Francis Children's Center
The Learning Experience
Tree of Life Christian Preschool
Whitefish Bay Shorewood Nursery School
Woods Family Childcare LLC

FOR PARTICIPATING IN THE LEAD-IN-WTR INITIATIVE

Thank you for volunteering and prioritizing safe drinking water in the North Shore. With your help, the NSHD and North Shore communities became the largest sampling project in the state of Wisconsin.

For more information this program and other programs offered by the state, please visit the DHS website:

<https://dhs.wisconsin.gov/lead/programs.htm>

FENTANYL AWARENESS

ONE PILL CAN KILL

“Fentanyl is the single deadliest drug threat our nation has ever encountered. Fentanyl is everywhere. From large metropolitan areas to rural America, no community is safe from this poison.” – Anne Milgram, DEA Administrator

- Fentanyl is a synthetic opioid that is 100 times more potent than morphine and 50 times more potent than heroin.¹
- Substance-related deaths due to fentanyl have been on the rise across the United States, with both Wisconsin and Milwaukee County following this trend.
- In Wisconsin, fentanyl overdose deaths grew by 97 percent from 2019 (651) to 2021 (1,280).² Approximately 80% of the drug-related deaths that occurred in Milwaukee County in 2021 involved some form of fentanyl, with preliminary data showing the same for 2022.³

Illegally produced fentanyl is being found mixed into other substances and pressed into fake pills that mimic pharmaceutical drugs, like oxycodone. You cannot see, taste or smell fentanyl, and as little as two grains of salt is enough to kill someone. This epidemic is far-reaching. Young people who experiment with pills or other substances likely don't know the risk associated with taking even just one pill. The counterfeit pills may appear harmless, but accidental deaths from fentanyl – or fentanyl poisonings – are on the rise.

What can you do?

Parents, guardians, and families

- Talk to your kids and loved ones about the risk of substance use.
- Look out for changes in kids' attitudes and behaviors that could indicate they are struggling with their mental health and may be considering turning to substances.
- Keep NARCAN® on hand and learn how to use it. The North Shore Health Department has NARCAN® that is free for the public. We provide brief training on how to spot the signs of an overdose and how to administer NARCAN® along with the doses we give out.
- Visit the WI DHS Dose of Reality website to educate yourself about fentanyl, other opioids, and how to use NARCAN®.

[Learn more about Narcan and how to respond to an overdose](#)

NARCAN is available at North Shore Health Department

NARCAN® Direct Program

CLICK HERE to schedule a time to stop in for training & to receive Narcan.

Walk-ins are also welcome!

NARCAN is available at:

Brown Deer office

4800 W Green Brook Dr.

Shorewood office

2010 E Shorewood Blvd.

Open Mon-Fri 8AM-430PM



Follow us on social media for updates on future community NARCAN trainings and distribution events.

 **NORTH SHORE
HEALTH DEPARTMENT**
nshhealthdept.org • (414) 371-2980

Walk-ins are welcome, however, without an appointment, a staff member may be unavailable to train and distribute Narcan. [Make an appointment here.](#)

BLACK HISTORY MONTH

Black History Month is observed each year from February 1 – March 1 to recognize the generations of Black and African Americans who struggled with adversity and to celebrate their many contributions to the United States.

[Black History Month events in Milwaukee](#)

WHAT HAS NSHD BEEN WORKING ON?

The (NSHD), as a steward of public health, aims to provide students with opportunities to increase interest in public health as a career path. NSHD collaborates with local universities, academic institutions and students to provide students with opportunities for field placement work, capstone/thesis projects, internships and other educational experiences.

One such experience is “Women & Girls in Science”. This event will kick off Women’s History Month and highlight female pioneers in STEAM (science, technology, engineering, arts, and math). Children’s activities will be available, as well as the opportunity to connect with women working in STEAM positions in our

community. We will be collaborating with Greendale Health Department, to speak about all the different hats public health wears and positions available in the field. The event will be from 1:00 pm to 4:00 pm, Saturday, March 4, 2023 at the Blatz Pavilion in Lincoln Park (1301 W Hampton Ave, Glendale, WI 53209).

READ THE
NORTH SHORE HEALTH DEPARTMENT
MONTHLY REPORT
JANUARY 2023

THIS REPORT HIGHLIGHTS THE WORK DONE IN EACH OF OUR FOUR PRIORITY AREAS OVER THE PAST MONTH, AS WELL AS OTHER IMPORTANT WORK AND ACTIVITIES DONE BY OUR DEPARTMENT.

OUR 4 PRIORITY AREAS

The goal of these monthly reports is to showcase the work being done at the North Shore Health Department and to increase transparency with community leaders, partners, elected officials, and the public.



[Read our January 2023 Monthly Report](#)

BLOOD PRESSURE CLINICS

Please visit our website for up-to-date BP Screening information: www.nshealthdept.org/Clinics

COMMUNITY HEALTH SERIES
NSHD Winter-Spring 2023

NORTH SHORE HEALTH DEPARTMENT
COMMUNITY HEALTH SERIES



Health topics that matter to the North Shore Community.
LYDELL COMMUNITY CENTER, ROOM 17 | 5205 N LYDELL AVE, WHITEFISH BAY, WI 53217

WINTER-SPRING 2023 TOPICS

- +++ MARCH 15, 2023: Vaping 101: Introduction
- +++ APRIL 22, 2023: Spring Into Safety: Bike Rodeo (11:00a-2:00p)
- +++ MAY 17, 2023: E-Waste

To register:

- Register for a WFB Rec Department account: <http://ow.ly/xyqu50MIKpj>
- To register for a session, visit Whitefish Bay Recreation: <http://ow.ly/3jXG50MIKpk>.
- Shorewood Rec Department sign up: <https://shorewoodrecreation.org/CourseActivities.aspx?id=37>.



Follow us on social media and visit our website for health information and updates!



RESOURCES AND REFERENCES

1. <https://dhs.wisconsin.gov/lead/index.htm>
2. US Drug Enforcement Administration (DEA)
3. Wisconsin Department of Health Services (DHS)
4. Milwaukee Medical Examiner's Office
5. Citation for Narcan image: NEXT Distro/Unsplash