

Cloth Face Coverings: The Centers for Disease Control and Prevention (CDC) highly recommends the use of cloth face coverings in public settings to slow the spread of COVID-19. Cloth face masks help reduce transmission “by preventing dispersal of droplets during talking, sneezing, and coughing, and also reduce the risk of environmental contamination” ([Source](#)). Using a cloth face mask also prevents touching of the nose and mouth with unclean hands, providing benefit to the wearer.

Studies have been conducted to analyze the effectiveness of cloth face coverings at reducing the spread of COVID-19. A common finding between studies demonstrates that cloth face masks are most effective in combination with other precautionary measures, suggesting it is critical to practice physical distancing of at least 6 feet even while wearing a cloth face covering, as well as washing your hands frequently. Another study suggested that cloth face mask wearing should be widespread because with “broad adoption of even relatively ineffective face masks” there is the potential for lowering community transmission ([Source](#)).



We strongly encourage everyone who is able to wear a cloth face covering. Even if you do not have symptoms of COVID-19 you may still be sick, meaning that you can transmit the virus to others when in public spaces. Wearing a cloth face mask even when you feel healthy is strongly recommended, as this prevents asymptomatic spread from occurring.

Remember, when you choose to wear a cloth face mask, you are protecting those around you. When others choose to wear a cloth face mask, they are protecting you. We can all help protect and support one another in our communities by opting to wear a cloth face covering in public settings.

How to make a simple cloth face covering:
[Click Here](#)

How to properly wear a cloth face covering:
[Click Here](#)

The cloth face coverings recommended are not surgical masks or N-95 respirators, as these should be reserved for healthcare workers and other medical first responders.

Cloth Face Covering Do's & Don'ts:

DO:

- ✓ Make sure you can breathe through it
- ✓ Wear it whenever going out in public
- ✓ Make sure it covers your nose and mouth
- ✓ Wash after using

DON'T:

- ✗ Use on children under age 2
- ✗ Use surgical masks or other personal protective equipment (PPE) intended for healthcare workers



Serving the communities of Bayside, Brown Deer, Fox Point, Glendale, River Hills, Shorewood and Whitefish Bay, Wisconsin